

The Best Bowling Tip I've Ever Had

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During a league one night a few years back at Fair Lanes University, I was having a good line to the pocket, but the conditioner on the lane started to move around/disappear ("break down"), and my ball started hooking sooner than I wanted. I needed to make the ball go a little longer before it started to break towards the pocket. However, I didn't want to make any drastic moves with my approach or target since, as I said, my line to the pocket had been pretty good.

While wondering what to do, my friend Pete Jackson noted at the start of my approach that my toes had been pointed straight ahead and hadn't been properly angled toward my target. He suggested that I do this, and, needless to say, it worked.

I think the success of this tip can be explained by the theory, "the quickest distance between two points is a straight line." In other words, the closer in line your body is to your target, the further out on the lanes you'll be able to project your ball toward your target. And ultimately, the breaking point of the ball will be extended down the lane.