

Annual Membership Meeting set for February 16



Mixed Tournament raises \$15,200 for BVL

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TONIA DOUGLAS

Mixed Tourney double winner offers "The Best Bowling Tip I Ever Received"

The Best Bowling Tip I Ever Received

By Tonia Douglas



The best tip I ever received was understanding that a pair of lanes is actually two individual lanes you have to adjust to separately.

One day in league I was struggling with consistency. I could strike on one lane but not the other. I kept making the same adjustments on both lanes, but the adjustments only worked on one. I moved my feet on the difficult lane, but the ball continued to react inconsistently. I previously encountered this issue and, as before, I struggled and did not understand why this continued to happen.

My friend and teammate, Greg Frazier, saw my frustration and whispered in my ear something that seems so obvious but something I had never thought of. He said, "It's *not* a pair of lanes but two different lanes that need to be adjusted to." He added each lane has its own characteristics that make each individual lane unique. Factors such as topography, condition of the lane surface, and who and how people are bowling on the lane affect ball motion on each lane. The ultimate game plan to bowling is to find the best ball motion to the pocket and through the pins on each lane (skid, hook, and roll), not bowling the same way on a pair of lanes. Bowling on two individual lanes with two different ball reactions sometimes requires making different adjustments on each lane, such as: different hand positions, using a different bowling ball to cause a different down-lane motion, changing the ball path down the lane, etc.

Once I recognized the difference between the two lanes, I made the appropriate ball change on the difficult lane and began to consistently strike on both lanes. For the remainder of the league session, I used a different ball on each lane and finished the night with a great set.

This newfound information encouraged me to learn more about ball core, ball layout, ball surfaces, and the differences in lane surfaces.

Tonia Douglas won two singles titles as a result of her 228-266-259/753 series in the NCAUSBCA 10th Annual Mixed Tournament in Support of BVL. This season, she competes in the Sunday Morning Mixed and Fun, Inc. Mixed leagues at AMF Marlow Heights and the Twilight Rollers at Rinaldi's Riverdale Bowl.