

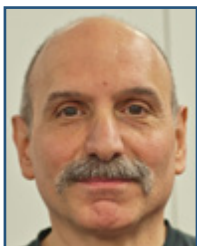
# “Quote – Unquote”



*The first thing I've learned out on Tour is to get in shape. This year, when I went out on Tour, I went out there 240 pounds and found out that having a beer gut and laughing and smoking does not go over well—those days have long passed. You must get in shape because you put a lot of wear and tear*

*on your body—your knees, your hands, and even your thought process. You put a lot of wear and tear on your body. Get in shape—you are an athlete! So treat the sport as an athlete.*

**Bobby Hall II**  
**2010-2011 PBA Exempt Player**



*It's a real nothing call; it's just a nuisance. The bowlers have to wait until you get to the machine, you have to pull the out-of-range bar, you have to go up on top of the machine, you have to go down on the deck to clear the deadwood, you have to go back over the machine, and then you have*

*to turn the machine back on before they can bowl. So basically it's a pain in the neck because it's holding up the bowling.*

**Raymond Maya**  
**head mechanic at Bowl America Shirley,**  
**on why the “pin-out-of-range” service call**  
**is not one of his favorites**