The Best Bowling Tip I've Ever Received

By Mike Warboy



The best tip I ever received occurred in the mid-to-late 1970s during the 555 Scratch Trios league at Bowl America Odenton. I was an extremely hot-headed bowler in my younger days and never missed an opportunity to kick or scream about something during competition. At the time, I had a 190 average and a good physical but no mental game.

I had just finished making a bad shot that, of course, everyone in the bowling center became aware of. Soon thereafter, Andy Werner, a player I greatly respected—and whose spare shot I had just disrupted—pulled me aside and proceeded to tell me how hard it was to defend me to others about my attitude. He said he liked me off the lanes but not so much on the lanes and added that if I learned to control my temper, my average would improve.

I took his advice to heart, worked on my attitude, and my average soon rose into the 200s for the first time—and it's been there ever since. Thanks, Andy.

Mike Warboy, co-owner of the Crofton Classic Pro Shop, has rolled 23 perfect games and 14 800 series, including one of each in PBA competition, where he has made several regional finals. His 236 average for 96 games at Crofton Bowling Centre during the 2002-2003 season is one of the highest ever in the area.