

The Best Bowling Tip I Ever Received

By Marcus Nelson



The most important thing I can think of was my attitude. It needed to change big time, due to my competitive nature. With me hating to lose in anything I competed in, I never seemed to realize that bowling is a sport, and you're supposed to have fun while you're doing it. However, I would get upset and frustrated if I bowled bad or even if my team lost. My attitude was so bad that I would just jet out of the bowling center and not say "Bye" or anything to anybody around me. I would then take my attitude home, and it would even affect my interaction with my family.

About a year ago after a league session at AMF Capital Plaza, Norbert Taylor, who has taught me a lot about the game of bowling, told me my behavior was hurting myself and my teammates—I was often ignoring them, he said. After hearing this, I figured we couldn't have a successful season if my attitude didn't change, so I worked on changing it, and I stopped being so intense and started to relax more while bowling.

I believe that changing my attitude turned my bowling game around, and, as a result, I started to score more and became a more competitive bowler.

Marcus Nelson placed sixth in the NCAUSBCA Men's Top 10 Ranking last season with a 221.7108 composite average.