

The Best Bowling Tip I Ever Received

By Kevin Roy



Although I have received many bowling tips over the years, there is one that changed the way I bowl, and it came from NCAUSBCA Hall of Famer Larry Wallace.

While stationed on Bolling Air Force Base in 1982, Larry made the suggestion that I change my approach from a four-step delivery to a five-step delivery. Taking that extra 1/2 step from the start keeps you from rushing to the line and will get you in a better rhythm.

Larry was one of the smoothest and consistent bowlers I saw at that time, and to this very day, whenever I find myself “out of sync,” I think about Larry, and it helps me get back to not rushing and being more consistent in executing my shot.

Kevin Roy, who scored 846 en route to winning three divisions of the 2002 Guys & Dolls Tournament, recently teamed with Renee Parker to win the Doubles Event of the 2010 NCAUSBCA Open Championship Tournament.