

Mini-Bio

KAYLA MEADOWS



Rolls 300 game and 826 series, wins two titles at NCAUSBCA Women's Championship Tournament

CITY OF RESIDENCE: Springfield, Virginia

EDUCATION: 2016 graduate of Bowling Green University, majoring in public health

CURRENT JOB: Pharmacy technician at Genoa Healthcare Pharmacy in Merrifield, Va.

EARLIEST BOWLING MEMORY: Walking into Bowl America Falls Church, and the manager gave me bowling shoes

2017-2018 BOWLING LEAGUES: Lost & Found at Bowl America Shirley and Sunday Morning Mixed at AMF Marlow Heights

OTHER NOTABLE TOURNAMENT ACCOMPLISHMENTS: I won the women's portion of Sean Friendly's "Tough Stuff" event in December 2016, and I recently finished in the Top 20 in the Rhodman.

BEST PART OF MY GAME: Consistency, ending up strong, mechanics

WORST PART OF MY GAME: My mental game

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WORST OR MOST EMBARRASSING BOWLING MOMENT: I fell in practice this season.

BEST TACTIC I USE TO HANDLE PRESSURE: I settle in and take deep breaths.

NUMBER OF BOWLING BALLS I BRING TO A TOURNAMENT: 6 to 8, all 15 pounds

SPARE-SHOOTER RATING (10 = best / 1 = worst): 8

MAKEABLE SPARE COMBINATION I MISS MORE THAN I SHOULD: The bucket (2-4-5-8)

IMPORTANCE OF BOWLING IN MY LIFE (10 = most / 1 = least): 7

MOST IMMEDIATE BOWLING GOAL: Shooting 800 and 300 in league play

SUPERSTITIONS: I stand in the same spot, and I have a routine with my rosin bag.

INTERESTS OUTSIDE OF BOWLING: I watch movies.

BOWLER I ADMIRE: Kelly Kulick

NICKNAME: My Sunday team calls me "AK-47."

THREE FAMOUS PEOPLE I'D INVITE TO MY HOME FOR DINNER: Betty White, Melissa McCarthy, and Michelle Obama because they are all extremely successful, funny, and inspiring women.

SUBJECT ABOUT WHICH I'D LIKE TO KNOW MORE: Irish culture

ONE WORD THAT BEST DESCRIBES ME: Consistent

PHILOSOPHY I LIVE BY: Work smarter, not harder
