



Kirk Williams
 elected president
 for 2005-2006
 season



HERMAN LEE JR.:
 The Best Bowling Tip I've Ever Received

MAY 2005

BOWL MAGAZINE

OFFICIAL PUBLICATION OF THE CAPITAL AREA BOWLING ASSOCIATION



HARLIN MATKINS:
 MASTER YOUR APPROACH FIRST

BOB KORTH:
 FULL ROLLERS, BLISTERS,
 AND THAT FIRST NEW BALL

DON WRIGHT:
 HIGH SCHOOL BOWLING
 IS WORTH WATCHING

JOY ESTERSON

*Former Team USA
 member and new VBQ
 champion gets the
 "Mini-Bio" treatment*

Mini-Bio

JOY ESTERSON



BIRTH DATE: August 8, 1980.

CITY OF RESIDENCE: Annapolis, Maryland.

SOCIAL STATUS: Single.

EDUCATION: 1998 graduate of Annapolis High School; 2002 graduate of Morehead State University with a degree in business administration.

CURRENT JOB: District sales manager in the circulation department of the *Capital Gazette* newspaper.

EARLIEST BOWLING MEMORY: Bowling a local association tournament when I was 10 with my team "Brat Patrol."

MY GREATEST BOWLING ACHIEVEMENT: Making Team USA 2004.

LATEST BOWLING ACHIEVEMENT: Winning the Virginia Bowling Queens tournament in my first attempt in March in Midlothian.

OTHER NOTABLE BOWLING ACCOMPLISHMENTS: Virginia Scratch Shootout Bowling Hall of Fame ... 2000 Collegiate All American Honorable Mention; BWAA Bowler of the Year runner-up; IBC National Champions (Morehead State) ... 2002 Second Team All American; BWAA Bowler of the Year runner-up; IBC National Champions (Morehead State); IBC All-Tournament Team ... Junior Team USA 2003 Member ... Silver Medal Team USA 2004 World Tenpin Team Cup (Hoofddorp, The Netherlands) ... three RT & Company Sport Shot tournament titles ... 2004 Superior Mixed Doubles Champions with Derek Sapp, (Cleveland, Ohio) ... 2004 Boot Hill Sweeper Sport Champion (first woman ever to win an event, 17 years running, Chicago, Ill.)

CURRENT BOWLING LEAGUES: I'm averaging 211 in the Travel league, 207 in the Jackpot Trios at Bowl America Shirley, and 201 in the Fantastic Fours league at AMF Kings Point on a "modified" house shot.

THOUGHTS ABOUT WOMEN JOINING THE PBA: Women should not be counted out when it comes to competition. On Sport conditions, bowlers still have to make shots no matter what sex they are. For now, the PBA is the only professional tour for women to compete in, and they should be welcomed into doing so.

www.ncaba.org

BEST PART OF MY GAME: Consistency and a lot of practice.

WORST PART OF MY GAME: Speed—I need more speed.

WORST OR MOST EMBARRASSING BOWLING MOMENT: I once fell on my side during a tournament in Las Vegas.

BEST TACTIC I USE TO HANDLE PRESSURE: I envision myself making a shot. I like pressure; pressure makes me concentrate and focus more.

SPARE-SHOOTER RATING (10 = best / 1 = worst): 8.

SPARE COMBINATION I DON'T WANT TO SEE IN THE TENTH FRAME: 3-6-9-10.

IMPORTANCE OF BOWLING IN MY LIFE (10 = most / 1 = least): 10.

IMMEDIATE BOWLING GOAL: To win the WIBC Queens.

THE THING I LEAST UNDERSTAND ABOUT BOWLING: Bowling ball drillings.

FAVORITE PROFESSIONAL BOWLER: Danny Wiseman was very patient when he worked with me, and he's very knowledgeable.

LOCAL BOWLER I MOST ADMIRE: Dawn Fay keeps me informed about events, plus she's a competitor.

INTERESTS OUTSIDE OF BOWLING: Spending time with friends.

VEHICLE I DRIVE: 2003 Jeep Grand Cherokee.

FAVORITE MEAL: Chicken. I can eat chicken anytime.

FAVORITE BEVERAGES: Ice tea / Malibu and pineapple.

FAVORITE TV SHOW: "Family Guy."

FAVORITE NON-BOWLING MAGAZINE: *People*.

FAVORITE MOVIE: "Old School."

FAVORITE ACTOR: John Cusack.

FAVORITE ACTRESS: Sandra Bullock.

FAVORITE VACATION SPOT: Las Vegas.

FAVORITE WEB SITE: *bowl.com*.

NICKNAME: "Little Lean" — I lean into my shots.

PRODUCT FOR WHICH I'D LIKE TO BE SPOKESMAN: Mongoose wrist guard.

LAST BOOK READ: *Dead and Buried*.

NEW YEAR'S RESOLUTION I CAN NEVER KEEP: Go to the gym.

TASK I HATE TO DO: Go to work.

LEAST FAVORITE SUBJECT: Politics.

NUMBER ONE PET PEEVE: People who chew with their mouth open.

PEOPLE IN HIGH SCHOOL THOUGHT: I was very quiet.

BEST PIECE OF ADVICE I EVER HEARD: What comes around, goes around.

WHEN NO ONE'S LOOKING: I make faces.

SUBJECTS ABOUT WHICH I'D LIKE TO KNOW MORE: Astronomy and weather.

WORD I OVERUSE THE MOST: *Like*.

WORD THAT BEST DESCRIBES ME: *Competitive*.

ONE THING I'D OUTLAW IN BOWLING CENTERS: Smoking.

See MINI-BIO, page 17

MINI-BIO, from page 11

NOBODY KNOWS I'M GOOD AT: Softball.

MOST TREASURED POSSESSION: My Team USA medals.

SUPERSTITIONS: Putting my left shoe on first. Stepping on the approach with my left foot first. Wiping my ball before every shot.

THE ONE THING I'VE LEARNED: If you work hard at something, you can achieve anything.

ONE THING I'D CHANGE ABOUT MYSELF: My attitude: I get into bowling too much, and I'm impatient.

ONE THING NO ONE KNOWS ABOUT ME: I used to play the violin.

BIGGEST PERSONAL REGRET: I wish I had tried harder in school.

IF I COULD BE GRANTED ONE WISH: To become a billionaire.

LAST TIME I CRIED: After bowling poorly in the 2005 USA Bowling National Amateur Championships, I went back to my hotel room and cried.

WHEN I GET AWAY FROM IT ALL: I go to the driving range.

I OFTEN DAYDREAM ABOUT: Bowling for a title on TV.

LIFE GOAL: Be remembered as a great bowler.

PHILOSOPHY I LIVE BY: Make the best out of what you already have.