

The Best Bowling Tip I've Ever Received

By Jim Einhorn Jr.



When I was bowling in a scratch youth league at Bowl America Duke in the late 1980s. I was aspiring to be a 200-plus average bowler but couldn't seem to get above 190.

Jim Lewis, who was averaging above 200 and was one of the best youth bowlers around at the time, saw me struggling to raise my game up to the level that I wanted and offered some advice. He told me that if I point my feet at my mark and position my sliding foot slightly ahead of the other foot in my starting position and walk towards my mark it would open up my shoulders and help me swing the ball better. Since I was able to swing the ball better, I had more room for mistakes.

Since this tip, I have averaged over 200 every year. It is not necessary to do this all the time, but if you need a little more area or are just having problems getting the ball out, this tip will help. The tip will also help people who are heavysset or have big hips to swing the ball around their waist.

Jim Einhorn Jr., a Woodbridge resident, has placed third in the NCABA Top 10 rankings each of the past two seasons. He once finished fourth in a Professional Bowlers Association regional event and has rolled 13 perfect games and six 800 series, with a high of 863.