

Mini-Bio

JACKIE McKINNON



BIRTHDAY: April 13

CITY OF RESIDENCE: Washington, D.C.

SOCIAL STATUS: Single

EDUCATION: 1994 graduate of the University of the District of Columbia (early childhood education)

CURRENT JOB: Personal trainer

EARLIEST BOWLING MEMORY: I bowled duckpins in 1980.

CURRENT BOWLING LEAGUES: Pinbusters Mixed and Thursday Postal leagues at Parkland; Monday Nite Power Rollers at AMF Marlow Heights

MY GREATEST BOWLING ACHIEVEMENT: Scoring my second career 300 game and an 812 series—a house record—on September 28, 2006 in the Thursday Postal league.

BEST PART OF MY GAME: My consistency. For the last five or six years, I've averaged 200 or better.

WORST PART OF MY GAME: Staying balanced at the line

MOST EMBARRASSING BOWLING MOMENT: I fell on the lanes at the WIBC Tournament in Reno.

BEST TACTIC I USE TO HANDLE PRESSURE: I take a deep breath before I get up to bowl.

SPARE-SHOOTER RATING (10 = best / 1 = worst): 7

IMPORTANCE OF BOWLING IN MY LIFE (10 = most / 1 = least): 7

MOST IMMEDIATE BOWLING GOALS: To get to [a] 900 [series]—long term. I'd like to bowl a 300 game in a *different* house.

FAVORITE MEAL: Salmon cakes

FAVORITE BEVERAGES: Smoothies / juices

FAVORITE TV SHOW: "Pardon the Interruption"

FAVORITE ACTOR: Will Smith

FAVORITE ACTRESS: Sanaa Lathan

FAVORITE MOVIE: *Love and Basketball*

FAVORITE MUSICAL ARTIST: Sade

MY MOST OVERUSED PHRASE: "I know that's right."

NICKNAME: "Nurse J"

COMPANY FOR WHICH I'D LIKE TO BE SPOKESPERSON: Ebonite

NEW YEAR'S RESOLUTION I CAN NEVER KEEP: Staying consistent in my running

TASK I HATE TO DO: Writing

SUBJECT ABOUT WHICH I'D LIKE TO KNOW MORE: Bowling

I'M PASSIONATE ABOUT: My church, the Seabrook Seventh-Day Adventists Church

I'M PICKY WHEN IT COMES TO: Training

BEST THING I LEARNED FROM MY MOTHER: Don't sweat the small stuff

PUBLIC FIGURE I MOST ADMIRE: Bill Clinton—he keeps it real

PUBLIC FIGURE I MOST DESPISE: George W. Bush is just a coward.

THREE FAMOUS PEOPLE (LIVING OR DEAD) I'D INVITE TO MY HOME FOR DINNER: Dr. J (Julius Erving), Ellen White (a Seventh-Day Adventist founder), and Eve (Adam's wife).

NUMBER ONE PET PEEVE: Disobedient kids

ONE WORD THAT BEST DESCRIBES ME: *Quiet*

BIGGEST PERSONAL REGRET: Not going to a *campus* college—I missed out on a lot of activities.

BIGGEST PERSONAL FAILURE: Taking my degree to the next level—getting a Masters degree

NOBODY KNOWS I'M GOOD AT: Cleaning and organizing

SUPERSTITIONS: None

QUALITY I LIKE MOST IN MY FRIENDS: Their humor

QUALITY I LIKE MOST IN A BOWLING CENTER: The comraderie

GREATEST PERSONAL ACHIEVEMENT: Joining an SDA church

GREATEST EXTRAVAGANCE: Shopping online

FAMOUS LIVING PERSON I'D LIKE TO BE FOR ONE DAY: Christian evangelical author and speaker Joyce Meyer

MY MOST IRRATIONAL FEAR: The unexpected

THREE THINGS I CAN'T LIVE WITHOUT: My Bible, my family, and my friends

IF I COULD BE GRANTED ONE WISH: To sponsor a child in his or her Christian education

FUTURE PLANS: To own my own personal training studio

PHILOSOPHY/MOTTO I LIVE BY: Strength Through Wellness (spiritually, mentally, and physically)