

# The Best Bowling Tip I've Ever Received

By Darnell Bell



The best bowling tip I've ever received came from area bowler Lamont Bush back in 1998. We were at Bowl America Shirley, and a lot of bowlers were asking me why I drift so much and how I could stop drifting.

When I did try to stop, it was changing my whole game. Bush told me, "There is no right or wrong way to bowl; anything can work if you are able to repeat it often enough. Do what works for you and feels the most comfortable."

Because of his advice, I never tried to correct my seven-board drift. Instead, I just tried to master it and match it with angles of the lane and the breakpoint of my equipment.

Since that time, I have averaged 215-230 for the last 10 years and have always made myself competitive in whatever or wherever I bowled.

*Darnell Bell was NCAUSBCA's No. 4-ranked bowler in 2007-2008 with a 223.622 composite average.*