

The Best Bowling Tip I've Ever Received

By Christopher "Buddy" Blackmore



About three months ago, I was struggling to find a solution to project my ball consistently down the lane. R.C. (Robert Drake) of T&J's Pro Shop suggested that I focus on the actual breakpoint, which for me is about 45 feet down the lane, instead of using the traditional indicators—the dots or arrows used by most bowlers.

I found that this new method of focusing helped keep my swing plane in line, which is very important on tour and especially on the Sport condition. It also helps me study my ball reaction better.

On a related note, I now shoot my spares by looking at the pins and using plastic equipment, and I've had far more success than in the past.

Buddy Blackmore is only 19, but he already has rolled eight perfect games and has a high series of 858. He's been a Professional Bowlers Association member for a year, has cashed in numerous regional events, and hopes to capture a PBA regional title by year's end. He's been a force locally, leading the competitive Lost Weekenders league at Shirley in average last season with 227.