

Yard Sale to Support BVL

Nation's Capital Area United States Bowling Congress Association (NCAUSBCA)

Date: Monday, October 12, 2015

Time: 9 AM – 2 PM

Contact: Berlin Myers – 443/883-5838 ... pelelini45@gmail.com

Morningside Volunteer Fire Department (MVFD)

http://www.firefightingnews.com/fdDetails-US.cfm?fd_id=14492

Morningside Volunteer Fire Department
6200 Suitland Rd
Morningside, Maryland 20746

Donations

Use this opportunity to clean out your basement, closet, or attic! Donate unwanted items to the yard sale.

Volunteers

We welcome anyone who wants to help—one hour, a few hours, or all day! We are happy to accept your teens who need community service hours. Bring your school form.

Shoppers

Come out and find **GREAT** deals at **UNBELIEVABLE** prices.

About BVL:

[Bowlers to Veterans Link](#), also called *Brightening Veterans Lives* (BVL), was founded in 1942 to help support America's heroes in uniform. Since then, we have raised almost \$45 million to provide recreational and therapeutic programs and services that help to boost morale and brighten spirits. Through BVL funding, veterans recuperating at VA Medical Centers across the country receive recreation therapy, designed to maintain or improve physical, mental, and emotional well-being as well as reduce depression, stress, and anxiety. This has been the hallmark of BVL's programming: helping veterans maintain or recover basic motor functioning and reasoning abilities, and build confidence and socialization skills.

At BVL, we pride ourselves on having an extremely low overhead expense, at just 6 percent. Our funding goes right where it is needed. Join with us to help us serve those who have served our country!

BVL recently received an award from the Department of Veterans Affairs acknowledging decades of service to America's veterans. The award reads, *"With deep appreciation to BVL. Thank you for your generosity and support of Veterans and the Department of Veterans Affairs."*