
The Best Bowling Tip I've Ever Had

by
BRIAN MARLER
Top Area Bowler



Now that the summer season is here, many people give up leagues in lieu of tournaments. When bowling in tournaments you will occasionally compete in centers you are not accustomed to. When this occurs, try these two options:

1. **GO WITH THE FLOW:** Go with the most comfortable ball you have—the one you have the most confidence in. Then throw the ball where you are used to playing, just like you would in your home center. As always, it is very important to check what board you are standing on, what mark you are playing, and where you finish at the foul line so that you can make adjustments during the game.
2. **BE A COPY CAT:** If you are not scoring up to par, look around and see who is bowling well. See where they are playing on the lane and how they are throwing the ball. Then decide if their game is within your ability. Use them to line up. This has saved me a couple of times.

After getting lined up, the key is to take each frame one at a time and stay relaxed throughout the shot.

I hope this tip will help you this summer.
