

# The Best Bowling Tip I Ever Received

By Kevin Roy



Although I have received many bowling tips over the years, there is one that changed the way I bowl, and it came from NCAUSBCA Hall of Famer Larry Wallace.

While stationed on Bolling Air Force Base in 1982, Larry made the suggestion that I change my approach from a four-step delivery to a five-step delivery. Taking that extra 1/2 step from the start keeps you from rushing to the line and will get you in a better rhythm.

Larry was one of the smoothest and consistent bowlers I saw at that time, and to this very day, whenever I find myself "out of sync," I think about Larry, and it helps me get back to not rushing and being more consistent in executing my shot.

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*Kevin Roy, who scored 846 en route to winning three divisions of the 2002 Guys & Dolls Tournament, recently teamed with Renee Parker to win the Doubles Event of the 2010 NCAUSBCA Open Championship Tournament.*