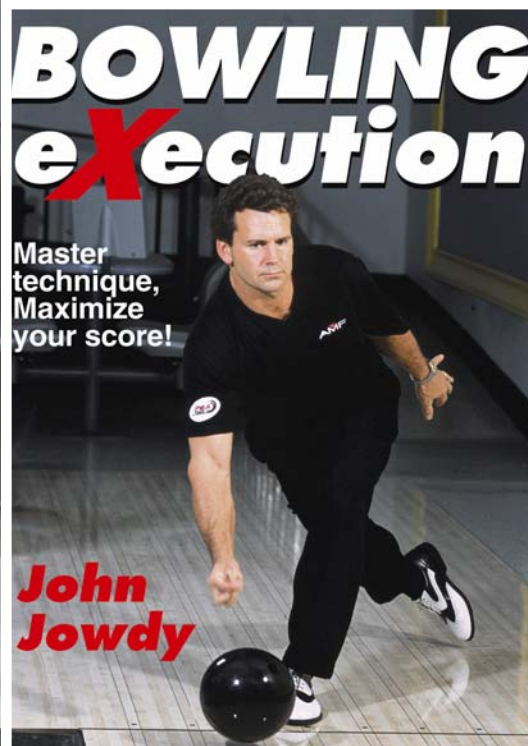




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About the Author

John Jowdy is a legend in bowling. He has coached more than 100 pros, and many of the bowlers he's worked with—including David Ozio, Del Warren, Randy Peterson, Steve Hoskins, and Kent Wagner—won their first titles after working with him.

In honor of his coaching expertise, Jowdy has been inducted into the Professional Bowling Association (PBA) Hall of Fame and the American Bowling Congress (ABC) Hall of Fame. He has worked with virtually every world-class bowler, including Donna Adamek, Mike Aulby, Parker Bohn III, Nikki Gianulias, Marshall Holman, Tish Johnson, John Mazza, Betty Morris, Mark Roth, Rick Steelsmith, Brian Voss, Lisa Wagner, and Pete Weber.

Jowdy is known for teaching the execution and skill of the game, and is also a skilled and prolific writer. He has received numerous writing awards, including the most prestigious awards a bowling writer can receive: the Flowers for the Living Award, the Mort Luby Meritorious Award, and the DBA Humanitarian Award. A former president of the Bowling Writers Association, he continues to write a syndicated monthly column that is carried in more than 20 national publications, as well as instructional columns for *Bowling Digest* and *Bowling This Month*.

Jowdy serves as pro tour consultant for Columbia Industries. He lives in San Diego, California.

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