



**Jake Bockstie
earns Junior
Team USA
2024 spot**

**18th Annual Membership Meeting:
February 18, 2024**

BOWL MAGAZINE

JANUARY / FEBRUARY 2024

OFFICIAL PUBLICATION OF THE NATION'S CAPITAL AREA USBC ASSOCIATION

JAMES GASKILL III

**Mixed Tournament
Scratch All-Events
champion provides
"The Best Bowling
Tip I Ever Received"**



NOTICE OF NCAUSBCA ANNUAL MEMBERSHIP MEETING

The Nation's Capital Area USBC Association will hold its 18th Annual Membership Meeting to discuss association business, including proposals to change association bylaws, elect officers and directors who will lead the association, and elect delegates to the 2025 USBC Convention as well as the 2024 Virginia State Bowling Association Annual Meeting.

Meeting Location: NCAUSBCA Office Building (phone: 301/499-1693)
9315 Largo Drive West, Second Floor
Largo, Maryland 20774-4762

Meeting Date: Sunday, February 18, 2024

Meeting Registration: Begins at 11:30 a.m.

Meeting Time: Noon

This meeting is open to all members in good standing of the Nation's Capital Area USBC Association. You must provide proof of current membership to be admitted to the meeting. Only those ages 14 or older may vote.

Directions to NCAUSBCA Office Building:

From the Capital Beltway (I-495), take Exit 15A (outside the Beltway) at Central Avenue. You'll soon drive underneath an overpass. Get into the far right lane and take Harry S Truman Drive (North), looping around so that you ultimately end up *on* the overpass you just drove under. As you approach the overpass, start to move over toward the left lane.

From the overpass, turn left at the second traffic light (Lottsford Road) and drive 1/10 mile until you reach the Stop sign at the bottom of the hill. Proceed directly into the parking area across the street at the two-story building that has "9315" above the doors of the main entrance. The check-in desk for Annual Membership Meeting attendees will be just inside the front door; the meeting will take place on the Second Floor via elevator or stairs.



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Serving the nation's third largest bowling market, BOWL Magazine was honored five times by the American Bowling Congress as the nation's "best local association publication."



2023-2024 OFFICERS & DIRECTORS

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2022-2023 USBC national high average, series award winners announced

ARLINGTON, Texas – The reigning PWBA Player of the Year has added another accomplishment to her resume as Jordan Richard of Tipton, Michigan has claimed the woman's National High Average for the 2022-2023 season.

Richard is one of nine award winners being recognized for their performances throughout the season. The USBC National High Average and Series Awards are presented to adult male and female USBC members and youth USBC members in male and female divisions.

She averaged 252.27 for 69 games in the Sportsman league at Monroe Sport Center in Monroe, Michigan. Her performance over the course of the season has also put her at the top of the women's all-time average list, jumping fellow PWBA member Shannon Pluhowsky, who previously held the top average with 250.7, which was set during the 2017-2018 season.

This is Richard's second time claiming the top average as she previously won in 2020-2021.

The men's high average award for 2022-2023 belongs to Ben Trueg of Parkersburg, Iowa, who averaged 253.52 for 69 games in the Wednesday After-

See USBC, page 18

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ON THE COVER: James Gaskill III averaged 248.22 for nine games (711-735-788) to win the Scratch All-Events title at the NCAUSBCA 13th Annual Mixed Tournament in Support of BVL at Bowl America Shirley. He provides "The Best Bowling Tip I Ever Received" on page 15.

(Photo by Bob Cosgrove)

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...update....update....update....update....upda
te....update....update....update....update....up

2024 USBC YOUNG
DELEGATES GRANT
PROGRAM

Improving participation of young delegates and athlete representatives is a strategic goal for USBC. To help increase involvement, USBC is offering a grant program to cover travel costs for young delegates to attend the 2024 USBC Convention in Las Vegas from April 22-25. You must be an eligible delegate under 45 years of age to be considered. Preference will be given to new delegates who have never attended a USBC Convention. Past grant recipients will not be considered. Recipients receive transportation, meal reimbursement and hotel accommodation. The application deadline is Jan. 31, 2024. Click [here](#) for an application.

EX-DIRECTOR
BOURQUE COLLECTS
\$1,117 FOR BVL

Despite having to leave the NCAUSBCA Board of Directors due to health issues, Phyllis Bourque still collected over \$1,000 for BVL from leagues at AMF Waldorf: Tuesday AM Mixed (\$253), Swingers (\$202), Winky Strine Memorial (\$148), Monday Mixed (\$137), Thursday Nite Mixed (\$133), Friday Friends (\$100), and Knights of St. John (\$44). With an additional \$100 donation from NCAUSBCA Third Vice President James Butler, Bourque's total collection was \$1,117.

LARRY WALLACE
(1947-2024)



FILE PHOTO

NCAUSBCA Hall of Famer Larry Wallace died January 6, 2024. He was 76. The left-hander, who served 20 years in the Air Force, was a coach and instructor at Bolling Air Force Base as well as an assistant manager and pro shop manager at Bowl America Woodbridge. He won the first PBA regional tournament he entered and took home the title at numerous scratch events. In the 1984-1985 season, he was the area's No. 1-ranked bowler and was ranked eighth the season before and ninth the season after. He was a member of the Hall of Fame's "Class of 1993."

FOR THE RECORD

Two 2022-2023 averages have been added to the 55+ Mixed Quads league at AMF Capital Plaza: Phyllis L. Fells, 172 average for 29 games, and Brenda R. Ray, 144 average for 93 games.



PRESIDENT'S MESSAGE • DIANE GARRETT

Does your president verify
the monthly bank statement?

Hello, Nation's Capital Association USBC bowlers. I hope you enjoyed the holidays, whether bowling or spending time with family and friends.

At this point in the bowling season, your league should have adopted a prize fund and formed an Audit Committee to validate the league finances. The president should have verified that the league deposits match the monthly bank statements.

Mark your calendars for NCAUSBCA's 18th Annual Membership Meeting scheduled for noon on Sunday, February 18, 2024 at the NCAUSBCA Office Building in Largo, Md. All Nation's Capital Area USBC Association-sanctioned bowlers are welcome to attend. The purpose of the meeting is to elect officers and directors, elect delegates to both the Virginia State USBC Meeting and the USBC Convention, discuss bylaw changes, and other association business. We encourage you to attend.

Thank you for being supportive! 2023 ended with the 13th Annual Mixed Tournament in Support of BVL held at Bowl America Shirley, and it was a huge success. We want to thank everyone who participated! You may continue to support when your association's Lane Representatives visit your center for BVL donations.

It's tournament season: Our association tournament bowling participation continues to grow, and your participation is

needed. We kick off 2024 by hosting the Virginia State USBC 36th Annual Mixed Handicap Tournament starting March 2. You can find details on our "Upcoming Events" Web page.

➤ Virginia State USBC Annual Mixed Handicap (three weekends starting March 2).

➤ NCAUSBCA 78th Annual Women's Championship (two weekends beginning March 23).

➤ Virginia State USBC 66th Annual Women's (four weekends beginning April 6).

➤ NCAUSBCA 78th Annual Open Championship (three weekends starting June 15).

NCAUSBCA Junior Gold
2023-2024 Qualifier Schedule:

➤ February 11 at 11 a.m. — Bowl America Bull Run (run by Virginia State).

➤ February 18 at 10 a.m. — AMF Waldorf.

➤ March 10 at 11 a.m. — Bowl America Woodbridge.

I look forward to seeing you on the lanes. If you have any questions, you may contact me at bowlerinfo@gmail.com.

For more information about our tournaments, volunteering, and local association activities, visit us at ncausbca.org and on Facebook at facebook.com/ncausbca.

Editor's Choice

This Basic Move Will
Transform Your Release

Why You're Having Trouble
Getting Your Hand Under the
Bowling Ball

Getting Your Hand to the
Inside of the Ball

Learning the Power Bowling
Release

How to Carry the Corner Pins
Better in Bowling

How to Increase Your Pin
Carry

How to Create the Best
Arsenal for Tournaments

Master These Techniques for
Bowling on Dry House
Conditions

How to Get Lined Up on a
Sport Pattern

KTC (Kegel Training Center)
Bowling Tips with Del Warren

Perfecting Your Set-Up

Direction and Line of Play

Perfecting the Armswing

Angle of Slide Foot

Slide Distance

Preparation for Junior
Gold or Other Tournaments

Power of Reflection

Craziest PBA comeback EVER



MANAGER'S MEMO • RONALD MCGREGOR

League officers must be prepared for bad weather

Happy New Year!

The 2023-2024 league season that started in August is halfway through for most of us, and now we may be entering the first real winter we have seen in many years. If we are to believe the pundits, we may be in for some challenging weather. We have put some information on our Web site about how to deal with weather. Some bowling centers have limited time slots to get makeups/pre-bowls done, so please plan accordingly.

The main thing to remember is that you must know your league rules. Every season, the league rules are gone over and or created at the league organization meeting; those who were able to attend set rules for everyone. Please note the things that caused a problem during the season so that changes can be made at next season's meeting.

So far this season, the following items have caused some grief in more than one league:

1. I know everyone should be well aware of the rule regarding extra holes in a bowling ball. This rule has been around now for a few years. It may be a good idea to make it a point to remind bowlers about the rule. So far this season, there have been several instances of members who stopped bowling during the pandemic, who returned to bowling unaware of the change. By the way, even though it may be bad form to wait until the last game of a se-

ries to point out the violation, it is not illegal to do so. Rules 8 and 18 should be reviewed so that everyone is up to speed.

2. If your league allows a team to carry more players than the playing strength, Rule 110: Alternates have the same status in the league as other regular members. They do not fall under the same rules that apply to substitutes.

3. Please remember that the league board of directors (team captains and officers) are responsible for decisions concerning the league. The president may call a meeting to resolve league disputes. The decision of the board of directors may be protested to the local association or directly to USBC within 15 days, except at the end of a split season or the end of the league season when the time limit allowed is 72 hours. USBC will not decide on any protest unless the time limits are strictly adhered to. A quorum (majority) is needed for all meetings. In-person meeting means exactly that, all members must be physically there to have a vote. Rule 102 covers requirements for meetings.

4. Unfortunately, bowlers and sometime teams are unable to complete the season. Do you know how to adjust the prize fund to cover the loss of revenue? Some incorrectly think that a new prize fund can be voted on.

5. Do you know the rules regarding a forfeit? What is a

See MEMO, page 18

THE QUESTION:

What is your view on the 8 a.m. starting time of the BVL Mixed Tournament?

I love it. I think it's nice—in early, out early.



Ponce Coleman
Oxon Hill, Md.

It doesn't bother me. Nine a.m. is better for older guys.



David Guill
Lynchburg, Va.

It's too early! Nine a.m. would have been better.



John Hawkins
Waldorf, Md.

I'm not a morning person!



Margaret Shifflett
Great Falls, Va.

I'm an early bird; I like it.



Andy Werner Jr.
Gaithersburg, Md.

Nation's Capital Area USBC Association

ONLINE REGISTRATION

78th ANNUAL WOMEN'S CHAMPIONSHIPS TOURNAMENT

USBC CERTIFIED



BOWL AMERICA FAIRFAX

9699 Lee Highway • Fairfax VA • 703/273-7700

March 23-24, 30-31, 2024

ENTRIES CLOSE MARCH 8, 2024

SQUAD TIMES:

Saturday — 8:00 a.m. (Team) • 12:30 p.m. (Singles & Doubles)

Sunday — 8:00 a.m. (Singles & Doubles) • 1:30 p.m. (Team)

**** LANES WILL BE REOILED BETWEEN SQUADS ****

OPTIONAL SCRATCH & "60+" CATEGORIES CROSSOVER DOUBLES

PRIZES RETURNED: At least 1 in every 6 entries

Sondra Blakey, Tournament Manager
NCAUSBCA • 9315 Largo Drive West, Suite 110 • Largo MD 20774-4762
Phone: 301/499-1693 x103 • Fax: 301/499-5927
eMail: womens.tourney@gmail.com

ENTRY FORM

Mixed Tournament sets records for team and doubles entries; raises \$27,000 for BVL

NCAUBCA’s 13th Annual Mixed Tournament in Support of BVL, which took place December 2-3, 9-10, and 16-17, set records for the fourth consecutive year for teams (177, previous high 130) and doubles (348, previous high 269) and had a record prize fund of \$49,846, \$11,500 more than the previous high. In addition, the tournament raised a record \$27,000 (previous high \$21,500) for the NCAUSBCA 2023-2024 contribution to BVL.

The tournament, held each December at Bowl America Shirley, changed to re-oil between the first and second squads this year. All six singles/doubles squads sold out two weeks before the closing date.

Devin Dandridge (singles) of Baltimore and David Cobb Jr. (team) of Woodbridge, Va., shared the high series of 816 while Dandridge, Nate Colding of Laurel, Md., Neal Miskell of Owings, Md., and Brandon Holloway of Fort Washington, Md., each bowled a 300 game to share honors for high game.

There were 21 series of 750 or better and 18 games of 280 or better bowled during the tournament. There also were 15 279 games bowled.

Special thanks go to the tournament’s presenting sponsor, the Sports Plus / Carmen Don Pro Shop, as well as event sponsors Rowl Rite Bowling, FXBG Photobooth, Sysnetic Data Systems LLC, and Andrea and Tom Dale. In addition, World Class Pro Shops, Spare Time Sports Pro Shop at AMF Waldorf, Sports Plus / Carmen Don Pro Shops and Fort Meade Pro Shop all donated bowling balls for the raffles.

This season 12 individuals qualified as squad organizers for bringing five or more teams: Cristi Hazel (19); Sonya Meredith (17); Marie Lomax (11); Ron Foster (10); Mabel Sharp and Debbie Schultz, seven each; Joan Austin, Yvonne Humphries, and Crystal Cardinale, six each; and the following with five each: Eugenia McDonald, Julia Gothe, and Winnie Martinez.

TEAM

“Letz Bowl,” Dumfries, Va. (Brennan A. Cobb, Dominique D. Fontenot, Judith L. Allen, David Cobb Jr.), 3,126, \$2,400.

SCRATCH TEAM

“FXBG Photobooth,” Falmouth, Va. (Rick E. Coulson, Luis A. Drakes, Ruth M. Bonta, James D. Einhorn Jr.), 2,773, \$300.

DOUBLES

Terry L. Waldon & Kesean J. Waldon (1,623), Dumfries, Va., \$1,000.

SCRATCH DOUBLES

Brandon J. Holloway & Warner A. DeVore, D.C., 1,488, \$300.

SINGLES

Ross F. Hagan, Alexandria, Va., (856), \$900.

SCRATCH SINGLES

Devin A. Dandridge, Baltimore (816), \$250.

50+ SINGLES

Donald F. Knight, Charlotte, N.C., (849), \$280.

50+ SCRATCH SINGLES

Allen A. Hayes, Suitland, Md., (737), \$240.

ALL-EVENTS

Elena A. Shuvalov, Boyds, Md. (2,465), \$240.

SCRATCH ALL-EVENTS

James T. Gaskill III, Arlington, Va., (2,234), \$400.

Mixed Tournament high scores

SERIES — Men

- 816 Cobb, David Jr - Team
Dandridge, Devin A - Singles
- 790 Miskell, Neal P - Singles
- 788 Bernardo, Adrian J - Singles
Gaskill, James T III - Team
- 784 Pope, Jerrold M Sr - Doubles
- 783 Eiland, Michael - Team
- 778 Turner, Gregory L - Team
- 767 Hayes, Allen A - Team
- 766 Holloway, Brandon J - Doubles
- 765 Garvey, Christopher J - Team
- 762 Payne, Derek M - Doubles
Waldon, Kesean J - Doubles
- 759 Morris, Daniel C - Doubles
- 755 Waldon, Kesean J - Singles
- 754 Hall, Ricky M - Team
- 753 Einhorn, James D Jr - Team
O'Connor, Patrick - Team
- 752 Ryan, David C - Singles
- 750 Coulson, Rick E - Team
- 749 Barruel, Xyl L - Doubles
- 745 Tate, Gregory S - Doubles
- 741 Garvey, Christopher J - Singles
White, Christopher D - Team
- 739 Matice, Bruce P - Doubles
- 738 Miskell, Neal P - Team
- 737 Hayes, Allen A - Singles
Myers, James L II - Singles
- 735 Gaskill, James T III - Doubles
- 732 Paskvan, Christopher R - Doubles
- 731 Greene, Gregg W - Doubles
- 730 Cole, David T - Team
Diggs, Robert L - Team
Knight, Tyler J - Singles
Palmer, James R - Team
- 729 Fontenot, Dominique D - Singles
- 728 Dailey, Paxston G - Singles
Eiland, Michael - Singles
Tingue, Andrew B - Singles
- 726 Wallace, Vaughn M - Team
- 725 Williams, Michael D Jr - Doubles
- 724 Davis, Albert - Singles
Nusbaum, Delbert J Jr - Singles
- 723 Colding, Nathaniel J - Doubles
- 722 DeVore, Warner A - Doubles
Hudson, Reginald - Singles

- Logan, Jerry W - Team
- Williams, Michael D Jr - Singles
- 721 Douglas, Walt A - Singles
- 720 Lion, Dale E - Singles
- 719 Browne, Perry C - Doubles
Burnette, Kelly T - Singles
Dandridge, Devin A - Team
Whitaker, Vincent M - Doubles
- 718 Jefferis, Anthony D - Doubles
- 717 Lomax, Robert J Jr - Doubles
- 716 Coulson, Rick E - Doubles
Nguyen, Timothy T - Singles
Payne, Derek M - Singles
- 715 O'Connor, Patrick - Singles
- 714 Burnette, Kelly T - Team
Kim, Tom - Doubles
- 712 Evans, Dominic - Doubles
Harper, Claude W - Singles
Helmrich, Eric D - Singles
- 711 Dailey, Paxston G - Team
Gardner, Lamar - Doubles
Gaskill, James T III - Singles
- 710 Brown, D'Mico M - Team
Hooker, Kevin R - Singles
Lambert, Rodney S - Doubles
To, Chhoeun - Doubles
Turner, Gregory L - Singles
- 709 Colding, Nathaniel J - Team
Knight, Tyler J - Doubles
- 708 McCarley, Elgin D - Dbls/Sgls
- 707 Burnette, Kelly T - Doubles
Douglas, Walt A - Doubles
Heard, John D - Singles
Helmrich, Eric D - Team
Whitaker, Vincent M - Singles
- 706 Clay, Christopher S - Singles
DeVore, Warner A - Team
- 705 Ford, Charles - Singles
Lion, Dale E - Team
- 704 Booker, Ira I Jr - Doubles
Dailey, Paxston G - Doubles
- 701 Cobb, David Jr - Singles
Corder, Adam J - Doubles
- 700 Anderson, Alden P - Team
Bernardo, Adrian J - Team
- GAME — Men**
- 300 Colding, Nathaniel J - Doubles
Dandridge, Devin A - Singles
Holloway, Brandon J - Doubles
Miskell, Neal P - Singles
- 299 Shylanski, Scott - Singles

- White, Christopher D - Team
- 297 Tabb, Ivan "Buster" M - Doubles
- 290 DeVore, Warner A - Doubles
- 289 Anderson, Alden P - Team
- 288 Bailey, Martin A - Doubles
Frale, Steve E - Team
Lomax, Robert J Jr - Doubles
- 287 Bernardo, Adrian J - Singles
- 286 Miskell, Neal P - Team
- 283 Thomas, Jermaine - Singles
- 280 Ellerbe, Jason - Singles
Ryan, David C - Singles
- 279 Booker, Ira I Jr - Team
Brown, D'Mico M - Team
Dandridge, Devin A - Singles
Davis, Albert - Singles
Eiland, Michael - Team
Einhorn, James D Jr - Team
Evans, Dominic - Doubles
Garvey, Christopher J - Team
Gaskill, James T III - Team
Hardy, Rodney D - Doubles
Lawson, Edward S Jr - Team
Liffiton, Mark A - Singles
Turner, Gregory L - Team
- 278 Coulson, Rick E - Team
Eiland, Michael - Team
Martinez, Michael W - Doubles
Tingue, Andrew B - Singles
- 277 Matice, Bruce P - Doubles
Williams, Michael D Jr - Doubles
- 276 Cobb, David Jr - Team
- 275 Cobb, David Jr - Team
Hayes, Allen A - Singles
Hudson, Reginald - Singles
Price, Christopher L - Doubles
Tabb, Ivan "Buster" M - Team
- 270 McGregor, Ronald A - Singles

SERIES — Women

- 759 Snowden, Catrina T - Singles
- 728 Bell, Tiffany A - Doubles
- 721 Tucker, Michelle D - Doubles
- 715 Randolph, Denise L - Singles
- 712 Bell, Tiffany A - Singles
- 709 Bell, Tiffany A - Team
Morris, Traci A - Team
Shuvalov, Elena A - Doubles
Snowden, Catrina T - Doubles

See **SCORES**, page 10

COMPLETE PRIZE LIST

SCORES, from page 9

- 702 Wheeler, Sagirah S - Team
701 Smith-Brown, Mary L - Doubles
Williams, Linda K - Team
700 Colbert, Debra - Doubles
695 Taylor, Pamela L - Doubles
694 Snowden, Catrina T - Singles
691 McDonald, Eugenia A - Singles
Myers, Elainea R - Team
688 Diggs, Verra B - Team
687 Milam, Kristina - Singles
686 Strickland, Bonnie A - Team
684 Marbach, Jody A - Doubles
681 Randolph, Denise L - Doubles
677 Wheeler, Sagirah S - Singles
676 Coleman, Makeba A - Team
674 Coleman, Makeba A - Singles
Mazor, Barbara E - Singles
673 Cronin, Beverly S - Team
Smith, Teri R - Singles
672 Sharp, Mabel G - Team
668 Bell, Tiffany A - Singles
667 Livingston, La'Tonia M - Singles
665 Randolph, Denise L - Doubles
664 Nusbaum, Jennifer F - Singles
663 Smith, Teri R - Team

- 660 Harge, Angela M - Doubles
658 Bonta, Ruth M - Team
Eiland, Terri A - Team
657 Glenn, Latoya C - Singles
Nusbaum, Jennifer F - Team
656 Diggs-Burrell, Theresa L - Singles
654 LeGrant-Davis, Christina L - Team
653 McDonald, Eugenia A - Team
Snowden, Catrina T - Doubles
652 Hu, Nicole - Team
Strickland, Bonnie A - Singles
651 Walters, Tara M - Team

GAME — Women

- 290 Coleman, Makeba A - Singles
279 Myers, Elainea R - Singles
Snowden, Catrina T - Singles
278 Bell, Tiffany A - Singles
277 Snowden, Catrina T - Sgls/Dbls
269 Mazor, Barbara E - Singles
Shuvalov, Elena A - Doubles
Tucker, Michelle D - Doubles
Williams, Linda K - Team
268 Cronin, Beverly S - Team
Diggs, Verra B - Team

- Morris, Traci A - Team
267 Eiland, Terri A - Team
Morris, Traci A - Team
Nusbaum, Jennifer F - Team
266 Wheeler, Sagirah S - Team
258 Sharp, Andrea - Team
Snowden, Catrina T - Doubles
257 Bell, Tiffany A - Doubles
Diggs-Burrell, Theresa L - Singles
Glenn, Latoya C - Singles
Smith-Brown, Mary L - Doubles
Strickland, Bonnie A - Doubles
256 Bell, Tiffany A - Team
Nusbaum, Jennifer F - Singles
255 Bonta, Ruth M - Team
McDonald, Eugenia A - Singles
Williams, Yolanda S - Doubles
254 Bell, Tiffany A - Doubles
Colbert, Debra - Doubles
Gunn, Gena R - Singles
Harge, Angela M - Doubles
LeGrant-Davis, Christina L - Team
Sharp, Mabel G - Team



Bowlers were able to have some additional fun by participating in activities such as 50-50s, mystery games, silent auctions, and bowling ball raffles that helped raise funds for BVL. ... At page top are contest winners Frederick Douglas Jr. (left) and Milton “Rick” Talley. ... At left, Jon Blanton purchases some 50-50 tickets from Directors Cheryl Jelks (far left) and Iva Sampiller. ... Below (from left) are additional winners Director Jane Andrews, Debbie Schultz, and Bonnie Strickland.

NCAUSBCA 13th Annual Mixed Tournament in Support of BVL Photo Gallery



Neal Miskell (left) rolled one of the tournament’s four perfect games. ... A tournament tradition at the start of each squad honors bowlers who have served in the military. Denise Randolph, Neal Miskell, and John Satterwhite acknowledge applause from spectators.



MIXED TOURNAMENT PARTICIPANTS



SARAH BARNHILL
LEXINGTON PARK, MD



ANGELINO BERNARDO
ALEXANDRIA, VA



ROCHELLE CAMDEN
ALEXANDRIA, VA



MICHAEL CLARK
VIENNA, VA



ROMUALDA "ROE" PRILLMAN
OXON HILL, MD

Number of bowling balls I bring to a tournament	One food I refuse to eat	My worst habit	I'd like to know more about...	Top interest outside of bowling	The best thing about bowling
2	anchovies	biting my nails	accounting	business	being with my family
2	cole slaw	procrastination	science	playing video games	you can do it at any age
5	olives	getting distracted	American sign language	veterinary medicine	the lane is your only competition
6	beets	not listening	world hunger	golf	meeting people
3	chlittlings	chocolate!	AI (artificial intelligence)	baking	friendships



One Promise. Our Passion.

In 1942, the sport of bowling stood up for our troops.
At BVL, we're not standing down.
Bowling's own, oldest, and most successful charity needs your help as our troops return home.

Join us today.
www.BowlforVeterans.org



TRACY SILVA

Prior to competing in the NCAUSBCA 13th Annual Mixed tournament in Support of BVL at Bowl America Shirley, longtime league bowler Tracy Silva, who underwent back surgery in 2014 and returned to the area in 2021 after some time in California, mentioned some of her favorites to editor Bob Cosgrove.

ON THE LANES

BOWLING BALL: **MOTIVE VENOM SHOCK**
BOWLING SHOES: **DEXTER**

HOME

RESIDENCE: **FAIRFAX, VIRGINIA**
CAR: **LEXIS**
REFRIGERATOR: **WHIRLPOOL**
DISHWASHER: **MAYTAG**
STOVE: **MAYTAG**
WASHER / DRYER: **LG**
LAUNDRY DETERGENT: **KIRKLAND**



ELECTRONICS

CELL PHONE: **SAMSUNG**
COMPUTER: **DELL**
TELEVISION: **SAMSUNG & VISIO**

EATS & DRINKS

BOTTLED WATER: **KIRKLAND**
SOFT DRINK: **DR. PEPPER**
COFFEE: **FOLGERS BLACK SILK**
COFFEE MAKER: **BELLA**
BEER: **YINGLING**
SNACK: **LAY'S LOW-SODIUM CHIPS**

CLOTHING, ETC.

JEANS: **HOLLISTER**
SNEAKERS: **NIKE**
WATCH: **SWATCH**
DAY BAG: **GUCCI**
SHEETS: **AMAZON**

BEAUTY PRODUCTS

TOOTHPASTE: **SENSODYNE**
SOAP: **IRISH SPRING**
HAIR PRODUCT: **PAUL MITCHELL**
PERFUME: **GUCCI BLOOM**
LIPSTICK: **MAC**
MASCARA: **MAC**
MOISTURIZER: **NEUTROGENA**

INSPIRATIONS

COLOR: **ORANGE**
MUSIC: **“OLD SCHOOL” R&B**
WEB SITE: **AMAZON**
PLACE IN THE WORLD:
ARIZONA, WITH EYES FOR HAWAII!

The Best Bowling Tip I Ever Received

By James Gaskill III



The best bowling tip I ever received came while I was still a youth bowler in the late '90s/early 2000s during one of my practice sessions at AMF Seminary. It came from my Uncle Wilton Williams, who taught me the fundamentals of bowling, and future NCAUSBCA Hall of Famer Pete Gunn. They preached having a strong mental game—seeing a shot with your *mind*, then your *eyes*, and finally your *body*.

The tip was a result of continuous hours of practice with the “Championship of Seminary” bowling competition under Pete’s direction. He helped me tremendously as a bowler. The “Championship of Seminary” was a one-on-one PBA-style competition that featured continuous bowling matches. During these matches, Pete created distractions; he would run shots out, talk trash, and do any and everything to break my concentration.

These matches helped strengthen my mental focus, thereby preparing me for tournament competition. My physical game, as with any professional sport, requires constant work to improve physically, mentally, and strategically. I have constantly struggled with flexibility, weight, and being extremely tall for the bowling world, but the mental aspect of the game was something I could work on outside the bowling center. I am envisioning a strike, always—the best possible outcome.

Over the years, I have standardized my approach, release, and target area. I have also determined how I may have to alter those aspects of my game, given uncontrollable circumstances. Collectively, this results into the best possible shot at that moment. I try to look at the entire process of shot execution as one single motion. Trying to make changes at the foul line or in your second or third step can be difficult!

The body can only go as far as the mind will let it. Our bodies are constantly changing, e.g., flexibility, weight gain/loss, etc. Imagining optimal performance comes from creating the entire shot through visualization. Your brain has processed what a proper shot looks like, and now your it’s the body’s opportunity to shine. The body is the final part of the process. Although this type of visualization is important, it doesn’t guarantee that you will always strike or win the match or the tournament. The mastery of these visualization cues can enhance performance and strengthen muscle memory. I’m able to go through several shots in my head using these visualization cues before stepping on the approach.

It is extremely difficult to apply all three aspects of the tip. It has taken years to develop, and I am still much a work in progress. As I’ve gotten older, I’ve learned that my uncle and Pete were experts in their mental techniques, improving not only my bowling game but developing the person I am today. The training never stops for a professional sportsman. There is always something to make better or new to learn.

I have had my scoring ups and downs as I continue to work on consistency. The improvement from the tip was not overnight, nor was it constant. My practice sessions, utilizing Uncle Wilton’s and Pete’s input and adding my own research into what it takes to mentally prepare for leagues and tournaments has helped tremendously. I have not been able to practice as much lately, so I’ve had to focus on the mental aspect and visualization techniques to see myself bowling well—having confidence in feeling that I would bowl well in those instances and importantly, enjoy bowling and what it feels like to win again.

The cues are used occasionally to develop a strategy between frames. I take into consideration the number of boards I need to move and whether I need to change balls or hand positions. The brain goes off and muscle memory kicks in, once I am on the approach.

At the recent BVL tournament, as with any tournament, the goal was to make as many good shots as possible. I prepared my mind for nine games, trusted my eyes to see the transition, and allowed my body to execute what I’ve been practicing. The ultimate goal is to win and enjoy yourself while you are doing it.

See TIP, page 18

The 24th Annual Guys & Dolls Tournament

This Tournament is USBC Certified 08644

Register Online
www.kingpintourn.com
VOTE FOR THIS YEAR'S OIL PATTERN



Crofton Bowling Centre
2115 Priest Bridge Dr, Crofton MD 21114

Team Name: _____ Captain's Name: _____

Address: _____ City: _____

State/Zip: _____ Phone: _____ Email: _____

TEAM EVENT

Team Scratch Event ☐

See the back or visit www.kingpintourn.com for rules and directions. If an Email address is provided, you will receive your confirmation via Email. REMEMBER to report all tournament winnings over \$500 within the past 12 months, with your entry.

Last	Print Name as it appears in the Average Yearbook First	MI	Highest Book Avg over last 2 years	Phone Number	USBC Bowler ID Number	PBA/PWBA Yes or No

DOUBLES/ SINGLES EVENT

Print Name as it appears in the Average Yearbook First MI	Highest Book Avg over last 2 years	Phone Number	USBC Bowler ID Number	Scratch Events Singles Doubles	ALL Events HDCP Scratch
				X X	X X
				X X	X X

Print Name as it appears in the Average Yearbook First MI	Highest Book Avg over last 2 years	Phone Number	USBC Bowler ID Number	Scratch Events Singles Doubles	ALL Events HDCP Scratch
				X X	X X
				X X	X X

Choose Team Squad Date Circle 1st choice/ Check 2nd choice

Sat June 1, 2024 9:00am
Sun June 2, 2024 1:00pm
Sat June 8, 2024 9:00am
Sun June 9, 2024 1:00pm

Choose Doubles/Singles Squad Date Circle 1st choice/ Check 2nd choice

Sat June 1, 2024 1:00pm
Sun June 2, 2024 9:00am
Sat June 8, 2024 1:00pm
Sun June 9, 2024 9:00am

Tournament Cost Standard Events

\$120.00 = Team x
\$ 60.00 = Doubles x
\$ 30.00 = Singles x
\$10.00 = All Events x

QTY TOTAL

Total

Special Scratch Events

\$40.00 = Team x
\$20.00 = Doubles x
\$10.00 = Singles x
\$20.00 = All Events x

QTY TOTAL

Total

Mail To:

Guy's & Dolls Tourn
6128 Stevens Forest Rd
Columbia MD, 21045
(410)977-8701

Make checks payable to:
Kingpin Productions

24th Annual Guys & Dolls Tournament Rules

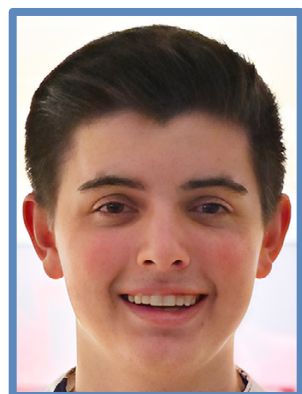
- The Tournament is open to any bowler providing proof of a 2023-2024 USBC Membership and book average from the prior 2 seasons, or a final 2023-2024 league standings sheet if no prior years.
- Bowlers must present a USBC membership card at the tournament check-in **30 minutes prior** to scheduled start time. Lineup will be **as shown on entry form**. Teams or bowlers failing to appear on the lanes, prepared to bowl at the scheduled time, shall forfeit their entry unless sufficient reason is given to warrant postponement.
- Bowlers entered in the singles event must also enter the doubles event and visa-versa.
- The Team captain, or his legal representative, has the privilege of substituting other bowlers for those originally entered. Only same sex substitutions will be accepted. In the doubles event, the names of both entrants must be given. Entries with the word **“PARTNER”** will not be accepted. Each Team **MUST** consist of 2 Men and 2 Women, and Doubles **MUST** consist of 1 Male and 1 Female.
- The Doubles event will be bowled immediately following the Singles event. **SINGLES is Bowled First**.
- All entrants will bowl 3 games on one pair of lanes in each event, unless mechanical failures dictate otherwise. No entry money will be refunded if it is discovered that a team or individual has failed to comply with all rules of the United States Bowling Congress and all rules and requirements of this tournament.
- Handicap will be 90% of the difference between the bowler's entering average and a scratch figure of 230 All handicaps will be calculated on a 3 game basis. It shall be the responsibility of each bowler to verify his or her average. Failure to use proper average shall disqualify scores bowled if submitted average is lower than actual average. Prize winnings will be based on submitted average if it is higher than the actual average. Average corrections must be made prior to the completion of the FIRST GAME.**
- ENTERING AVERAGE:** Your Highest USBC Average over the **past 2 years of 21 games or more**. If your average this season is **10 or more pins** higher than the last 2 seasons, this year's average will be used. **USBC RULE 319a(2) WILL APPLY. 10 PIN RULE**
- If a bowler does not have a yearbook average for the last 2 years, the bowler may use the highest current certified average (of 21 or more games) as of the closing date for entries of the tournament **(May 24, 2024)**, otherwise they must enter with an average of 230. If using current average, a league sheet showing average as of May 24, 2024 must be provided to Tournament Officials at check-in or emailed with entry form. **If bowler does not have a yearbook or current average and competed in a summer league, that average, of at least 21 games, may be used provided it is verified at the tournament office. USBC Rules 319 c, d, & e will apply.**
- The prize ratio for each event will be one prize for each five entries. Lineage and Expense = \$15.00, Prize Money = \$15.00 per bowler per handicap event. **PRIZE MONEY WILL BE RETURNED 100%.**
- In the event of a tie for first place (team, doubles, singles) the tied contestants will bowl 3 games in accordance with the rules of the tournament at such time and place as decided by the Tournament Manager. Total pins, including handicap, for the 3 games will determine the winner. In the event of a tie for first place in the All Events, USBC Rule 326a will apply. When there is a tie for any championship in a tournament, it is optional with tournament management to have a playoff or declare co-champions.
- Entrants must report any previous tournament prize winnings in the last year of \$ 500.00 or more in total. If entrant has won \$500.00 or more in total prize winnings for a tournament, he/she must submit all his/her tournament scores and winnings PRIOR TO BOWLING. USBC Rule 319e**
- PARTICIPATION & DRESS CODE RULES**
 - All Bowlers must wear shirts with collars or **MOCK Collars, NO EXCEPTIONS!!**.
 - NO T-SHIRTS may be worn on the lanes.**
 - NO CLOTHES WITH HOLES may be worn on the lanes.**
 - Bowlers may enter doubles 2 times as long as partners change. Bowlers may only cash once in scratch singles, (Highest Score). Bowlers may enter the team event 3 times, as long as 2 members of the team change.
 - Only one professional (PBA or PWBA) member allowed per doubles pair, and only 2 per team.
- Scores lost due to malfunction of automatic scorers shall be re-bowled if the scores can not be verified by other scoring means.
- Scores for ALL-EVENTS will be taken from the FIRST series bowled in each event. (Team, Doubles, & Singles)
- USBC Rule 330 will apply. (A bowler must use the same hand to deliver the bowling ball throughout the tournament).
- USBC Rule 329, a protest or appeal involving eligibility or playing rules must be filed with Tournament Management, the Local Association or USBC up to 5 Days before tournament prizes are paid. The protest or appeal must be in writing and the grounds for the protest or appeal briefly stated.
- A \$ 20.00 ADMINISTRATIVE FEE, PLUS BANK CHARGES WILL BE LEVIED ON ANY RETURNED CHECKS.**
- SCRATCH EVENTS:** Bowlers must compete in regular tournament to enter scratch event. Scores from handicap event will be used to determine winners of the scratch event.

Make Checks Payable to **KINGPIN PRODUCTIONS**
SEND ALL ENTRIES OR INQUIRES TO:
GUY'S AND DOLLS TOURN
6128 STEVENS FOREST RD
COLUMBIA, MARYLAND 21045
PHONE (410) 977-8701

VENMO @Scott_Gielda

Paypal FRIENDS & FAMILY
scotttgielda@gmail.com

Jake Bockstie earns spot on Junior Team USA 2024



Jake Bockstie of Nottingham, Md., who turned 17 on January 7, earned an automatic spot on Junior Team USA 2024 after competing in the recent United States Bowling Congress Team USA Trials and United States National Amateur Bowling Championships at Gold Coast Bowling Center in Las Vegas. Following Andru Blaney of Indian Head, Md., in 2023, this is the second consecutive year an NCAUSBCA Youth member qualified for the team. In 2022, Kayla Starr of Crofton, Md., was a Junior Team USA Developmental Member.

MEMO, from page 6

known forfeit versus an unknown forfeit? Rule 119c explains the difference.

Tournament participation is on the rise. We just completed our Mixed Tournament in Support of BVL, and new highs for entries were reached in two of the events. NCAUSBCA is hosting the Virginia State Mixed Tournament and the 78th Annual Women's Championship Tournament at Bowl America Fairfax in March; the Virginia State Women's Tournament in April; and the 78th Annual Open Championship Tournament in June at Crofton and The Lanes Fort Meade and the Virginia State Youth Tournament. Information regarding these and all activities concerning our local association can be found on our Web and Facebook pages.

Please support your local association by bowling in these events; by doing so, you can save yourself a lot of \$\$\$ in hotel stays. There are incentives offered for bringing teams to our tournaments, and remember, more bowlers means larger prize funds, especially if you do not have to deduct travel expenses.

USBC, from page 3

nooners league at Maple Lanes in Waterloo, Iowa. Over the course of his season, he had five 800 series and five 300 games.

The youth high average awards go to Melia Mitskavich of DuBois, Pennsylvania and Ethan Crouse of Lowville, New York.

Mitskavich averaged 236.12 for 75 games during the DuBois Lanes Juniors league at DuBois Lanes, Inc. This is her second straight year taking high youth female average.

Crouse averaged 251.37 for 78 games during the Lowellville Youth league at Lewis Lanes to win youth male average. Crouse also was part of the winning U18 team at the Youth Open Championships.

Two competitors on the adult men's side share the top honors for the adult male USBC National High Series Award with an 899 series during the 2022-2023 season.

David Moragas of Slidell, Louisiana had his 899 series first, firing it during the Wednesday Pepsi league at Park Ten Lanes on Dec. 21, 2022.

Joe Susaneck of Imperial, Pennsylvania had his 899 series a few months later on Feb. 22, 2023 at Holiday Lanes during the Valley League 2023.

Nikoletta Battistoni of Sand Lake, New York earned the adult female high series award with an 866 series, which she rolled on July 3, 2023 at Del Lanes in Delmar, New York during the Summer Semi Classic league. She rolled games of 299, 267, and 300.

In the youth divisions, Jameson Cauble of Hampstead, North Carolina and Jocelyn Smith of Glens Falls, New York had the top sets of the 2022-2023 season.

Cauble shot 877 during his Monday Youth league on Jan. 9, 2023 at Cardinal Lanes Beach Bowl with games of 277, 300, and 300.

Smith rolled 824 on Feb. 3, 2023 at Kingpins Alley Family Fun Center during her KPA Juniors league, shooting games of 245, 279, and 300.

For the list of USBC National High Series and High Average Awards, click [here](#).

TIP, from page 15

James Gaskill III, who won the Scratch All-Events title at the recent NCAUSBCA Mixed Tournament in Support of BVL, plans to bowl more this year, but his only current league is the Sunday Morning Sport Shot at Bowl America Shirley, which features one-on-one competition and a points system. "It's another way to strengthen my game for potential match play in tournaments," he said.

VIRGINIA STATE USBC

36th Annual Mixed Handicap Tournament

CERTIFIED BY THE UNITED STATES BOWLING CONGRESS

THE VA STATE MIXED TOURNAMENT WILL HAVE A SCRATCH DIVISION IN EACH EVENT

10 PIN RULE IS IN EFFECT
LANES DRESSED ONCE PER DAY

TEAM EVENT

BOWL AMERICA BULL RUN

10641 BALLS FORD RD.
MANASSAS, VA 20109
(703) 368-6256

SINGLES & DOUBLES EVENT

BOWL AMERICA GAITHERSBURG

1101 CLOPPER RD.
GAITHERSBURG, MD 20878
(301) 330-5200

Entry Fees Per Person Per Event

	Team	Doubles	Singles
Prize Fee	\$13.00	\$13.00	\$13.00
Bowling Fee	\$12.00	\$12.00	\$12.00
Expense Fee	\$5.00	\$5.00	\$5.00
Total	\$30.00	\$30.00	\$30.00

All Events (Optional)

\$10.00*

Scratch Divisions (Optional)

\$10.00*

*Expense Fee \$1.00

Conducted By

VIRGINIA STATE USBC

Hosted By

NATIONS CAPITAL USBC

with SHEILA HICKS

MIXED TOURNAMENT MANAGER

MAR 2-3; 9-10; 16-17, 2024

ENTRIES MUST BE POSTMARKED BY MIDNIGHT SATURDAY, FEBRUARY 10, 2024
ALL ENTRIES AFTER FEBRUARY 1, 2024, MUST BE MONEY ORDER OR CERTIFIED CHECK

MAKE ALL CHECKS, MONEY ORDERS, AND CERTIFIED CHECKS PAYABLE TO:

VA STATE MIXED TOURNAMENT FUND

SEND ALL COMPLETED ENTRIES WITH ENTRY FEES TO:

Sheila Hicks, Virginia State Mixed Tournament
335 Fort Lewis Blvd., Salem, VA. 24153
Telephone (804) 399-2253

E-Mail: vamixedstate@gmail.com • WEBSITE: www.vastateusbc.com

Our Back Pages

- 5 Years Ago
 - [Jay Billings](#) becomes NCAUSBCA's youngest-ever board member.
- 10 Years Ago
 - Gene Blair, Nicholas Dean, and Michael Simpson are the latest recipients of the NCAUSBCA Ted Gruszkowski Jr. Youth Star Award.
- 15 Years Ago
 - The Waldorf, Md., duo of [Bobby Middleton Jr.](#) (697 series) and Dougie Tonucci (668) combine for a 1,365 series to win the NCAUSBCA Youth 600 Club Fall Doubles Tournament at Bowl America Bull Run.
 - Steve Burrell picks up a [valuable tip](#) from a pro at a U.S. Open event in Connecticut.
- 20 Years Ago
 - [Mark R. Glover](#) (222.808 composite average) and [Tiffany A. Franklin-Bell](#) (216.2837) are the respective No. 1-ranked male and female area bowlers for the 2002-2003 season.
 - "Bowling 101" columnist Harlin Matkins [suggests](#) that bowlers "reach out and shake hands with your target."
- 25 Years Ago
 - Aaron Bundick, 15, bowls a 702 series to win the Vir-Mar District 600 Club Fall Singles Tournament at Bowl America Falls Church.
- 30 Years Ago
 - In his "The Guru Reviews" column, Gary Parsons writes that *Par Bowling* is "a [tome](#) that requires slow, careful study."
- 35 Years Ago
 - [Jim Lewis](#) and Kelly Francis-Fox respectively win the Men's and Women's divisions at the Metropolitan Washington Bowling Proprietors' Association Award Score Tournament.
 - Surface is the [single most important factor](#) in bowling today, notes "Shop Talk" columnist [Jerry Francomano](#).
- 40 Years Ago
 - Jim Wolfe tops the association's 1982-1983 men's rankings with a 207.36 average for 291 games.
 - "In the Pocket" columnist [Chuck Gannon](#) suggests the rankings should be based on only the *highest* average in each center so that a bowler could not "load up" in several leagues at a high-scoring center.
- 45 Years Ago
 - The "Good Times" foursome of James Starks, Betty Williams, Dorothy Spriggs, and William Penn wins the 11th Annual *BOWL Magazine* Tournament.
 - An audience of over 300 people at the Hospitality House in Arlington, Va., see [Robert Disbennett](#) and [James "Sonny" Steward](#) inducted into the NCABA Hall of Fame.
- 50 Years Ago
 - [Frank Dunham](#), [C. Edward Goldberg](#), [Joe Miseli](#), and the late [Albert Snyder](#) are inducted into the NCABA Hall of Fame.
- 55 Years Ago
 - A 300 game by Robert Green (at Bowl America Town Center) leads the Association Awards listing, ahead of 299s by Robert Douglass Jr., Ed Marshall, and Jimmy Taylor.



VIRGINIA STATE USBC

71st Annual Open Handicap Tournament

CERTIFIED BY THE UNITED STATES BOWLING CONGRESS

"10 PIN RULE IS IN EFFECT"
LANES DRESSED ONCE PER DAY

TEAM EVENT
HOLIDAY BOWL
11400 ROUTE 1
N CHESTERFIELD, VA 23237
(804) 748-5635

SINGLES & DOUBLES EVENT:
BOWL AMERICA SOUTHWEST
11532 HILL ST. ROAD
MIDLOTHIAN, VA 23113
(804) 744-1500

Entry Fees Per Person Per Event			
	Team	Doubles	Singles
Prize Fee	\$13.00	\$13.00	\$13.00
Bowling Fee	\$12.00	\$12.00	\$12.00
Expense Fee	\$5.00	\$5.00	\$5.00
Total	\$30.00	\$30.00	\$30.00
All Events (Optional)			
\$10.00*			
Scratch Divisions (Optional)			
\$10.00*			
*Expense Fee \$1.00			

Conducted By
VIRGINIA STATE USBC
Hosted By
APPOMATTOX-RIVER USBC
and GREATER RICHMOND

with JOHNNY HARRIS
OPEN TOURNAMENT MANAGER

MAY 11-12; 18-19, 25-26, 2024
JUNE 1-2; 8-9: 15-16, 2024

ENTRIES MUST BE POSTMARKED BY MIDNIGHT FRIDAY, APRIL 12, 2024
ALL ENTRIES AFTER APRIL 1, 2024, MUST BE MONEY ORDER OR CERTIFIED CHECK

MAKE ALL CHECKS, MONEY ORDERS, AND CERTIFIED CHECKS PAYABLE TO:
VA STATE OPEN TOURNAMENT FUND

SEND ALL COMPLETED ENTRIES WITH ENTRY FEES TO:
JOHNNY HARRIS, Open Tournament Manager
46 Cambridge Pl., Lynchburg, VA 24502
Telephone (434) 660-1780 • E-MAIL: vastateusbccopen@aol.com • WEBSITE: vastateusbc.com

ASSOCIATION
HONOR SCORES

800 Series

- 867 Johnson, Tyrone G - WB
846 Brenemen, Michael T - WB
837 Gant, Walter L Jr - BR
833 Crookston, Sean R - BR
827 Kinney, Alonso J Jr - SL
Shaw, Michael A Jr - SL
826 Johnson, Tyrone G - SL
825 Hall, Bobby V II - RD
Liffiton, Mark A - GB
Parham, Jason E - RD
823 Ishmael, Bobby Jr - MH
817 Tyler, Dakwan M - SL
816 Cobb, David Jr - SL*
815 Bevenour, Shawn F - BR
814 Tramel, Jeffrey S Jr - SL
811 Ignacio, Leonard J - GB
809 Simpson, Anthone "AJ" J - SL
807 Miller, Tyler D - FC
806 Simpson, Michael A - SL
805 Yarborough, David III - SL
804 Holloway, Kirk L Jr - CA

- Lee, Maurice L - SL
Williams, Deonne J - MH
803 Sutton, Shawn T - BR
802 Smith, Justin T - ME
801 Hansen, Christopher - BR
800 Khounesvath, Oley - DR

300 Game

- Adams, Aliya K - CA
Armstrong, Kevin M - CA
Bailey, Timothy R Jr - BR
Bevenour, Shawn F - BR
Bomar, Onan W III - WB
Bright, Ronald A Jr - WA
Brosius, Lee - DR
Brown, Richard T III - WA
Brown, Wayne A - SL
Carpenter, Scott M - CR
Charity, Vincent A - WA
Cobb, David Jr - SL*
Cornwell, Shawn N - BR
Crookston, Jeremy D - WB
DeVore, Warner A - MH
Dorris, David M - WB
Eiland, Michael - FC
Ferguson, Raymond E Jr - FC

- Frable, Steve E - SL
Gibson, Jonathan W - BR
Grover, Benny L - BR
Hall, Bobby V II - MH
Harrod, Marquis A - CA
Hester, Jamie D Jr - BR
Holloway, Brandon J - SL*
Hunter, Charles W III - GB
Ishmael, Bobby Jr - MH
Isner, Preston A - BR
Jackson, Dominic S - BU
Johnson, Chris M - SL
Johnson, Tyrone G - SL
Joy, James B III - RD
Khounesvath, Oley - DR
Klonarides, Brian - DR
Lee, Maurice L - WA
Leizear, Christopher R - LC
Liffiton, Mark A - GB (2)
Limtrakul, Pera I - GB
Mackey, Robert L Jr - LC
McCray, Rajsaun A Jr - RD
McFetridge, Michael E - BR
McLane, Thomas A - SL
Miskell, Neal P - SL*
Nelson, Chad E - RD
Patton, John A - DR
Pennington, David A - WB
Randolph, Gerald F - DR
Riley, Michael J Jr - SL
Sankar, Shukdeo - GB
Scabis, Philip E - SL
Shaw, Michael A Jr - SL
Simpson, Anthone "AJ" J - SL
Simpson, Michael A - SL
Smith, Justin T - ME
Sutton, Shawn T - BR
Updike, Ian - DR
Wagner, Gregory A - LC
Wilborn, Frank M - BR
Williams, Carolyn E - SL
Williams, Deonne J - CA
Williams, Kenneth L - CA
Williams, Mark W - GB
Willis, Thomas H - WB
Wilson, Rachel N - CA
Winston, Anthony K Jr - RD
Yi, Haw Sok - WB

* NCAUSBCA 13th Annual Mixed
Tournament in Support of BVL

www.ncausbca.org

Calendar of Events

JANUARY

20-21, 27, February 4 – NCAUSBCA Youth Invitational Scratch Singles
Tournament at (Round 1, with Junior Gold Qualifier), The Lanes Fort
Meade; (2, with Junior Gold Qualifier), Bowl America Woodbridge; (3)
AMF Waldorf; (4) Bowl America Dranesville.

FEBRUARY

3 – NCAUSBCA Invitational Fund-raiser and Finals Tournaments at Bowl
America Shirley.
11 – Virginia State Junior Gold Tournament at Bowl America Bull Run.
11 – Local Youth Sweeper at Bowl America Woodbridge.
18 – NCAUSBCA Board of Directors Meeting at NCAUSBCA Office.
18 – NCAUSBCA 18th Annual Membership Meeting at NCAUSBCA Office
Building in Largo, Md.
18 – Local Junior Gold Tournament at AMF Waldorf.
18 – NCAUSBCA Youth 600 Club Winter Singles Tournament at AMF
Waldorf.
24-25, March 2-3 – NCAUSBCA 60th Annual Youth Championship
Tournament at Bowl America Woodbridge.

MARCH

10 – Local Sweeper & Local Junior Gold Tournament at Bowl America
Woodbridge.
17 – NCAUSBCA Vern Burke Tournament at Bowl America Woodbridge.
23-24 – Va. State High School Tournament at Bowl America Bull Run.
23-24, 30-31 – NCAUSBCA 78th Annual Women's Championships Tourna-
ment at Bowl America Fairfax.



Andy Rettig (center), champion of the PBA50 Fort Meade Open, appears with Pat Ratliff, representing sponsor Auto Spa Express, and Mike Sinek, general manager of The Lanes Fort Meade.

www.ncausbca.org

Tournament Roundup

PBA50 Fort Meade Open presented
by Auto Spa Express (Andrew
Rettig, Hamburg, N.Y., \$1,700) – 2,
Bobby Hall II, Landover, Md., \$1,150;
7, Derek Payne, Upper Marlboro,
Md., \$750; 11, Gregory Turner,
Temple Hills Md., \$700; 19, Lee
Brosius, Ashburn, Va., \$560; 20,
Brian Link, Bowie, Md., \$550.



Zac Preston
PBA Fort Meade
Challenge (Non-
Champions) pre-
sented by Auto
Spa Express (Zac
Preston, Gambrills,
Md., \$1,500) – 3,
Ta'Shawn Jones,
Woodbridge, Va.,
\$775; 6, Robert Viles, Arlington, Va.,
\$625; 7, Jake Bockstie, Notting-
ham, Md., \$625; 9, William Little,
Fulton, Md., \$500; 14, Chance
McLane, Chesapeake Beach, Md.,
\$460; 15, Nicholas Joy Jr., Upper
Marlboro, Md., \$450.

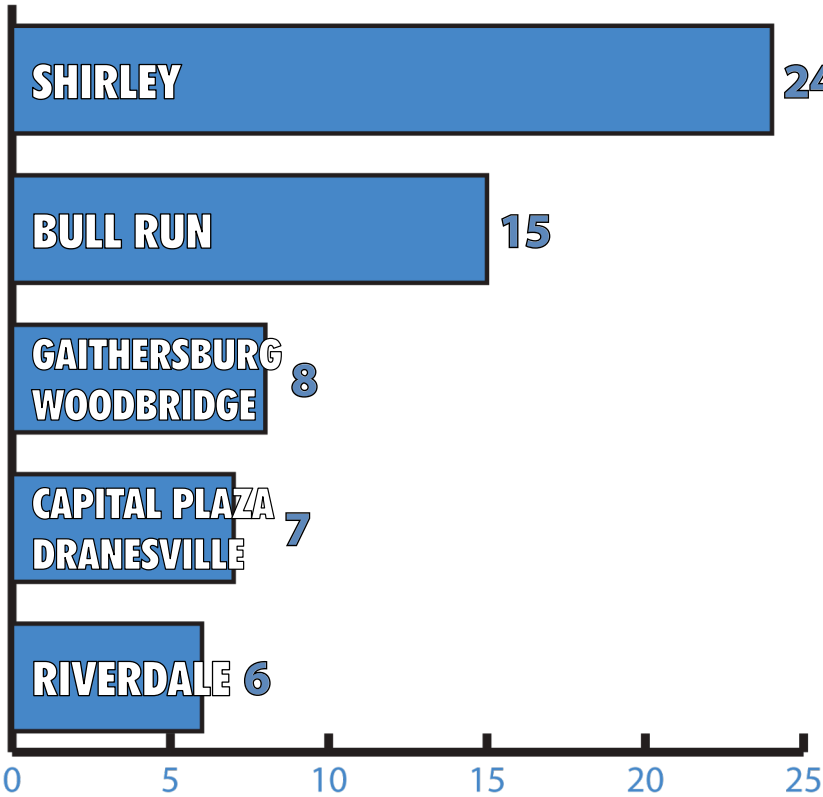
PBA60 Wilson & Sons Pest Control
Open, Gastonia, N.C. (Walter Ray
Williams Jr., Oxford, Fla., \$2,500) –
5, Brian Link, \$900; 11, Lee Brosius,
\$700.

NCAUSBCA Youth 600 Club Winter
Doubles Tournament at Bowl
America Falls Church (Jaylen &
Janiyah Hightower, Fort Washing-
ton, Md., \$250 [scholarship]) – 2,
William Dorris & Raymond Lewis,
Woodbridge, Va., \$150; 3, Jayden
Burrell, Glenn Dale, Md. & Cameron
Bennett, Essex, Md., \$100. ... High
five-game division qualifiers:
Lewis (1,122) and Janiyah Hightower
(1,161), \$50 each. ... Tournament
of Champions qualifiers: (190
Average and Above), 1, Lewis; 2,
Burrell; and (Under 190), 1, Janiyah
Hightower*; 2, Sydney Smoot, Glen
Burnie, Md.; 3, Jaylen Hightower. (*
Qualified at a previous 600 Club
tournament.)

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HONOR SCORE CENTERS

(this issue, based on listed scores)



NCAUSBCA 2023-2024 Triple Crown Awards

	GM	SER	AVG	LEAGUE / CENTER
Dawn Benson	225	610	185	Sunday Adult/Youth Fall / LC
John Benson	256	715	208	Sunday Adult/Youth Fall / LC
Kevin Hooker	280	732	221	Pride of Alexandria / SL

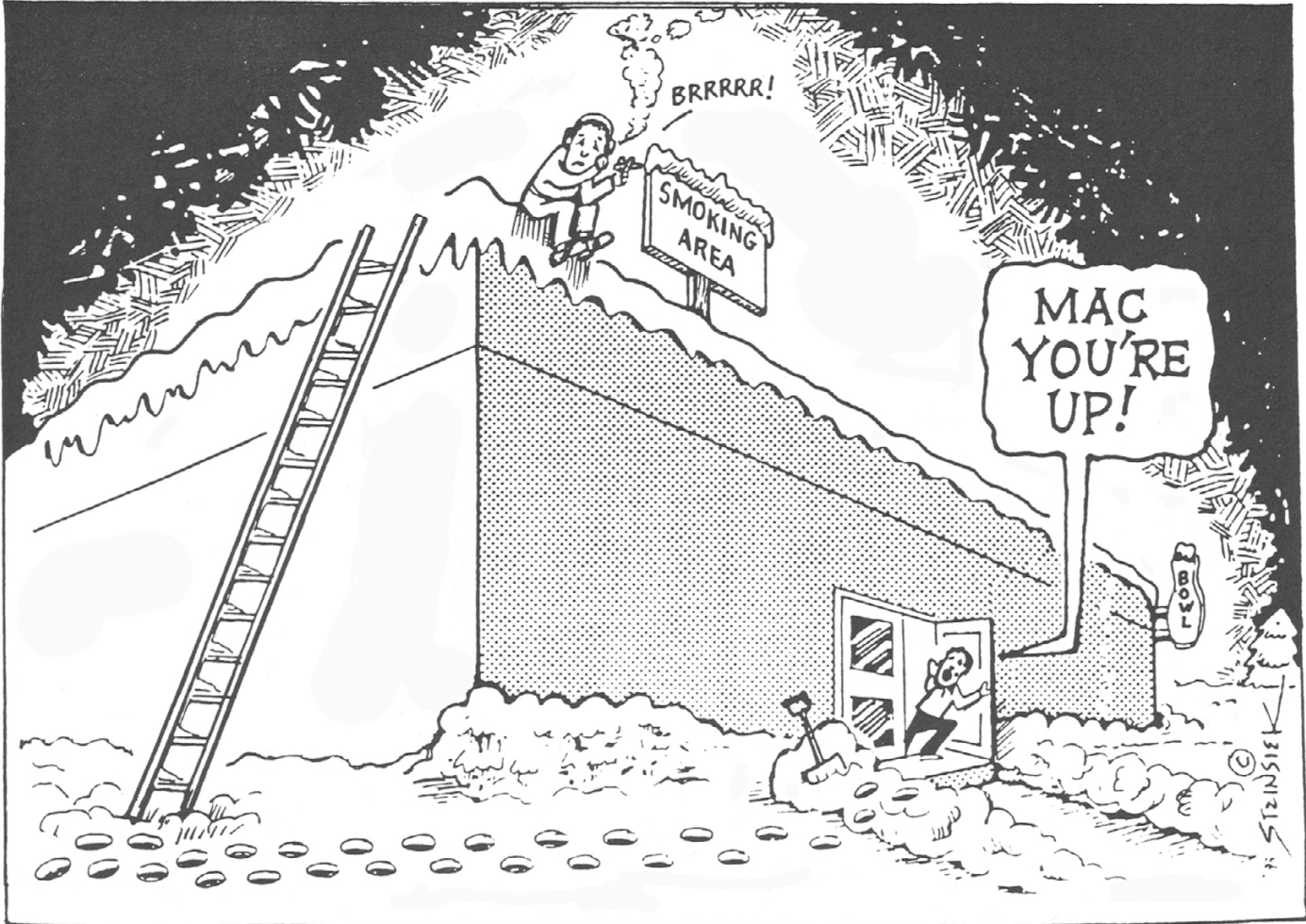
YOUTH

Amber Benson	268	740	212	Sunday Adult/Youth Fall / LC
	266	729	208	Junior Majors Fall 2023 / LC
Gracelyn Davis.....	166	404	121	Preps Fall 2023 / LC
Ashtyn DeVries.....	237	576	162	Junior Majors Fall 2023 / LC
Jacob Faoro.....	233	583	175	Beginners & Winners Fall / BU
Ashton Green	150	253	110	Bantams Fall 2023 / LC
Chance McLane....	279	769	235	Junior Majors Fall 2023 / LC
Michael Rossiter ...	268	687	190	Saturday Youth Fall 2023 / BU
Barrett Shulman...	103	195	79	Pee Wees Fall 2023 / LC
Harper Weiss.....	124	207	82	Pee Wees Fall 2023 / LC
Kynsleigh Williamson	105	156	64	Bantams Fall 2023 / LC



Janiyah and Jaylen Hightower captured the NCAUSBCA Youth 600 Club Winter Doubles Tournament at Bowl America Falls Church.

STEINSIEK



Walt Steinsiek’s “Cartoon of the Week” appears on ncausbca.org.



VIRGINIA STATE USBC
58th Annual Youth Championship
NEW 10 PIN RULE IN EFFECT • LANES DRESSED ONCE A DAY

SINGLES & DOUBLES EVENT:
BOWL AMERICA WOODBRIDGE
13409 OCCOQUAN RD.
WOODBRIDGE, VA 22191
(703) 494-9191

TEAM EVENT / BUMPER SINGLES:
BOWL AMERICA BULL RUN
10641 BALLS FORD RD.
MANASSAS, VA 20109
(703) 368-6256

Entry Fees Per Person Per Event			
	Team	Singles & Doubles	Bumper Singles
Bowling Fee	\$12.00	\$12.00	\$8.00
Expense Fee	\$5.00	\$5.00	\$5.00
Scholarship Fund	\$13.00	\$13.00	\$12.00
Total	\$30.00	\$30.00	\$25.00
All Optional Events \$10.00*			
*Expense Fee \$1.00			

Conducted By
VIRGINIA STATE USBC
Hosted By
NATIONS CAPITAL AREA USBC
with ANNE RAY
YOUTH TOURNAMENT MANAGER

JUNE 22-23; 29-30, 2024
8:30AM or 1:00PM

ENTRIES CLOSE POSTMARKED MIDNIGHT SUNDAY, MAY 12, 2024
ALL ENTRIES AFTER APRIL 10, 2024 MUST BE MONEY ORDER OR CERTIFIED CHECK

MAKE ALL CHECKS, MONEY ORDERS, AND CERTIFIED CHECKS PAYABLE TO:
VA STATE USBC YOUTH CHAMPIONSHIP

SEND ALL COMPLETED ENTRIES WITH ENTRY FEES TO:
Anne Ray, Virginia State Youth Championship
6-I Tamarisk Quay, Hampton, VA 23666
Telephone: (757) 846-1111 • Email: anneray@cox.net

ONLINE REGISTRATION

NATION'S CAPITAL AREA USBC ASSOCIATION 78th ANNUAL OPEN CHAMPIONSHIPS TOURNAMENT

Certified by the United States Bowling Congress

TEAM EVENT

THE LANES FORT MEADE

2788 MacArthur Road
Fort Meade MD 20755
301/677-5541

SINGLES & DOUBLES EVENTS

CROFTON BOWLING CENTRE

2115 Priest Bridge Drive
Crofton MD 21114
301/261-6670

JUNE 15-16, 22-23, 29-30, 2024

ENTRY DEADLINE: MAY 31, 2024

OPTIONAL PRIZE CATEGORIES:

**50+ SINGLES • 50+ ALL EVENTS
SCRATCH EVENTS • CROSSOVER DOUBLES**

**RONALD MCGREGOR, TOURNAMENT MANAGER
NATION'S CAPITAL AREA USBC ASSOCIATION
9315 LARGO DRIVE WEST, SUITE 110 • LARGO MD 20774-4762**

PHONE: 301/499-1693 x102 • FAX: 301/499-5927

eMAIL: manager@ncausbca.org



QUALIFY FOR "OFFICIAL AVERAGE LEADERS"
**BOWLING AT LEAST THREE GAMES IN THIS EVENT WILL SATISFY THE REQUIRED
TOURNAMENT GAMES NECESSARY FOR CONSIDERATION FOR THE MEN'S
NCAUSBCA 2023-2024 OFFICIAL AVERAGE LEADERS LISTINGS.**

ENTRY FORM