

**Record 3,870 series  
scored at Crofton**

**Major changes in Open  
Championship Tournament**

# **BOWL** MAGAZINE

**DECEMBER 2013**

**OFFICIAL PUBLICATION OF THE NATION'S CAPITAL AREA USBC ASSOCIATION**

**HALL OF FAME  
HIGHLIGHTS**

**SENIOR & MIXED  
TOURNAMENT  
CHAMPIONS**

**CHRIS JOHNSON**

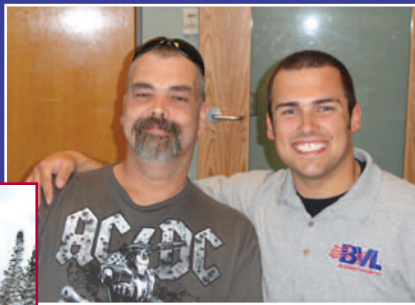
**Men's No. 1-ranked bowler**



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# BOWL MAGAZINE

December 2013  
Vol. 48, No. 2

*Serving the nation's third largest bowling market, BOWL Magazine was honored five times by the American Bowling Congress as the nation's "best local association publication."*



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## 2014 Open Championship Tourney brings many changes

### 4-bowler teams, additional prize categories, added brackets

Many changes are in store for this season's NCAUSBCA Open Championship Tournament that is scheduled for three consecutive weekends beginning March 29-30, 2014 at The Lanes Fort Meade (team) and Bowl America Shirley (singles & doubles):

- The team event will consist of four bowlers instead of five.
- The highest yearbook averages from the past two seasons (2011-2012 and 2012-2013) will apply if available.
- The Sports Plus/Carmen Don Pro Shop of Alexandria, Va., will sponsor a new optional handicap singles prize category for bowlers ages 65 and above (who may also participate in the returning optional handicap singles and all events categories for those ages 55 and above that Sports Plus/Carmen Don again will sponsor).
- A new "Squad Sponsors Prize List" with prizes of \$300, \$200, and \$100 will be offered to those who enter just six teams.
- There will be several bracket categories for those who desire to risk a few dollars to win a lot more.

A link to the printable entry form appears [here](#).

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**ON THE COVER:** Chris Johnson and Marina Akers-Epps topped the NCAUSBCA men's and women's rankings, respectively, in the 2012-2013 season. (Photos by Bob Cosgrove)

**BOWL Magazine** is published bi-monthly, September through July ("Summer") by NCAUSBCA Inc. The magazine, like the association, is dedicated to the advancement of the sport of tenpins and hopes to foster and nurture the spirit of good sportsmanship throughout its pages. The editorial and business offices are located in the NCAUSBCA office. The deadline for advertising material, copy, photographs, or other editorial material submitted for publication, is the 15th of the month preceding the cover date. The editor reserves the right to alter or reject any copy, photograph, or advertising material submitted for publication. Reproduction and/or distribution in any form, in whole or in part, is strictly prohibited without prior written authorization. Copyright © 2013 by NCAUSBCA Inc. All rights reserved.



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**HALL OF FAME  
GEORGE R. SOOK,  
1932-2013**



George R. Sook

**George R. Sook**, a past president, Hall of Fame member, and longtime director at Crofton Bowling Centre, died October 30 after losing his year-long battle with cancer. He was 81. Mr. Sook joined the board of directors of the Nation's Capital Area Bowling Association (NCABA) in 1986 and became a vice president in 1992 before advancing to the presidency for the 1997-1998 season. He was the owner of "S" Services, a tax firm, and served as NCABA's and NCAUSBCA's accountant and tax advisor for many years. In addition, he was in charge of the association's Certified Lane Inspectors Program. It can be safely noted that while serving as an association board member and volunteer, no one raised more funds for BVL than he. Mr. Sook retired with the rank of Major after 20 years of service in the U.S. Air Force.

**BRIEFLY....**



Herman Lee Jr.



Woody Stewart

**Marina Akers-Epps** of Fort Washington, Md., **Herman Lee Jr.**, of Clinton, Md., and **Woody Stewart** of Annandale, Va., recently joined the NCAUSBCA board of directors. ... NCAUSBCA's 69th Annual Women's Championship Tournament will take place June 20-22 and 27-29, 2014 at Parkland Bowl. Additional information will appear in the next issue. ... Bowlers competing in short-season leagues that begin March 1, 2014 or later can purchase a **USBC Adult Basic membership**. ... It was earlier learned that **Rose Marie Myers**, who served as secretary of the Tuesday Afternoon Seniors League at Crofton Bowling Centre and held the same office with the Maryland State Women's Bowling Association, died August 29 at age 76.

**MEMBERSHIP DEPT.**

The following bowlers recently were indefinitely suspended from membership in USBC: Patrick Campbell of Hyattsville, Md., and Sherri L. Freeman of Fort Washington. Campbell is not to hold office; Freeman is never to hold office. ... Larry C. Holcombe Jr. of Largo, Md., and Damon D. Williamson of Temple Hills, Md., are suspended from holding office and must immediately resign any office in a USBC state or local association. Each, however, is eligible to compete in USBC leagues and tournaments. ... Robin B. Parsons of Cooksville, Md., has been indefinitely suspended from membership and may never hold office. ... Meanwhile, Tyrone M. Broady of Oxon Hill, Md.; Dinmarc Gonzales of Gaithersburg, Md.; Bernardo Magtangob of Germantown, Md.; Bobbie A. Pugh of Fairfax Station, Va.; and Karl S. Williams of Woodbridge, Va., recently were reinstated to membership in USBC and again become eligible to compete in USBC leagues and tournaments with all of the attendant membership privileges.



## PRESIDENT'S MESSAGE • GENE O. MAYS

### *Correct procedures must be followed at all times*

Now that we are well into our new bowling season, it is very important that we dot all our "i's" and cross all our "t's": We should make sure that correct procedures are followed at all times.

I have visited several leagues, and there are still some questions about rule and policy changes. For example, some bowlers do not understand that their summer league dues are no longer carried over into the fall league season. I advise anyone with questions on this or any other matters to contact your lane director or the association office.

Meanwhile, league officers should make sure that all bowlers are in good standing membership-wise if they are not affiliated with this association. Bowlers certified this season in the Baltimore area, for example, need to hand the league secretary a completed membership application and \$11 (\$10 local and \$1 Va. State dues), whereas certified Fredericksburg-area bowlers (who already have paid Va. State dues) need only pay \$10 in any NCAUSBCA-area league.

The secretary should make sure

the league application, membership cards, and appropriate fees are submitted within the first 30 days of the first league session, as this can affect the processing of awards as well as bonding. Presidents should have their Audit Committee in place as specified in Rule 102c(5).

With all systems ready to go, LET'S BOWL!

*eMail Gene Mays*

**"Like" us on Facebook:**

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## Nearly \$4,000 raised for BVL at 4th Annual Mixed Tourney

Almost \$4,000 was raised for [BVL, The Bowlers to Veterans Link](#), by participants and attendees of NCAUSBCA's 4<sup>th</sup> Annual Mixed Tournament in Support of BVL, which took place November 9-10 and 16-17 at Bowl America Shirley. Tournament Director Tom

Dale presented a \$2,800 check from the tournament at the association's November board meeting, while BVL Committee Chair Berlin Myers said an additional \$1,130 was collect-

ed from instant raffles, ball raffles, and other activities during the event.

BVL, bowling's oldest charity founded in 1942, supports America's veteran and active duty service men and women.

Here is a list of this season's tournament champions:

### TEAM

"Hot of Miss...Not!," Bowie, Md. (LaVerne Green, Tori Lyles, Brian Baker, Michael Hickman) [2,926], \$740.

### SCRATCH TEAM

"Not the 10-Pin," Alexandria, Va. (Shanell Overton, Candy Selvage, Christopher Elliott, Jason Eman), 2,591, \$240.

[www.ncausbca.org](http://www.ncausbca.org)

### DOUBLES

Patricia Davidson & Donald Fisher, Sterling, Va. (1,583), \$500.

### SCRATCH DOUBLES

Ann Young, Alexandria, Va., & Donald Evans, Springfield, Va. (1,510), \$160.

### SINGLES

Amy Wentzlaff, Frederick, Md. (849), \$400.

### SCRATCH SINGLES

Neal Dembo, Damascus, Md. (784), \$160.

### ALL EVENTS

James Gaskill III, Arlington, Va. (2,301), \$150.

### SCRATCH ALL EVENTS

Jason Eman, Springfield, Va. (2,193), \$200.

*Complete prize list*





## MANAGER'S MEMO • RONALD MCGREGOR

### *Are your league officers performing their duties?*

Most of us are well past the first third of the bowling season, and there are a few things that should be complete by now.

#### **Secretaries:**

- File the league sanction application within the 30-day grace period. Failure to do so violates the bonding program requirements.
- Give each team captain a copy of the league rules.

#### **Treasurers:**

- Set up a bank account requiring two signatures to withdraw league funds and arrange to have the bank statement sent to the League President.
- Provide each bowler with a report of their payment history to date.
- Use an accounting system can withstand an audit.

#### **Presidents:**

- Made the first monthly audit of

the league's funds to insure all is in order and to comply with the bonding program requirements.

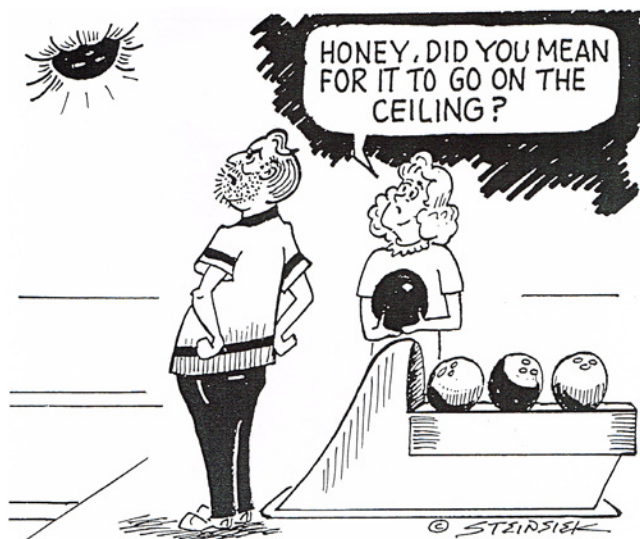
- Appointed a prize committee.
- Appointed an audit committee that should conduct an audit midway through the season.

If the league officers have accomplished the above tasks, then your league is off to a good start.

Bowling is changing from the carefree days of just showing up, throwing the ball, and having a great night of fun and relaxation with your teammates among monster leagues of 200 bowlers, cheap prices, and trophies. Some of these changes involve awards and membership processing, so it's very important, now more than ever, that you get involved and pay attention to what's actually happening if you want to continue to enjoy your weekly league sessions.

*[eMail Ronald McGregor](#)*

## STEINSIEK



Walt Steinsiek's "Cartoon of the Week" is featured [here](#).

## THE QUESTION:

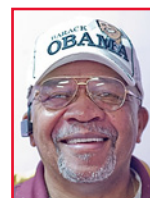
### *What weight is your bowling ball?*

I use a 15-pound ball because I'm old.



Ron Asbury  
Rockville, Md.

15 pounds — I'm getting older and will be 70 in April.



Chester Cole  
Suitland, Md.

15.3 pounds — I dropped from 16 pounds. I wanted to use something a little lighter.



Wanda Newman  
Clinton, Md.

13½ pounds — I have a tear in my rotator and arthritis.



Joanne Pettaway  
Laurel, Md.

13 pounds — 12 is too light



Brenda Wright  
Camp Springs, Md.

OFFICIAL ENTRY FORM

# **NATION'S CAPITAL AREA USBC ASSOCIATION**

## **69TH ANNUAL CHAMPIONSHIP TOURNAMENT**

*Certified by the United States Bowling Congress*

**TEAM EVENT**

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Fort Meade MD 20755  
301/677-5541

**SINGLES & DOUBLES EVENTS**

**BOWL AMERICA SHIRLEY**

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Alexandria VA 22312  
703/354-3300

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**ENTRIES CLOSE MARCH 17, 2014**

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**OPTIONAL SCRATCH CATEGORIES**



# CHRIS JOHNSON

## **NCAUSBCA No. 1-ranked men's bowler for 2012-2013 season**

*Chris Johnson earned the top spot for the men in NCAUSBCA's 2012-2013 rankings; it was his second consecutive year and third time in his career as the No. 1-ranked bowler. He recently answered several questions posed by editor Bob Cosgrove.*

In today's environment, do left-handers really have advantages over right-handed bowlers?

It depends on the situation and what you're bowling on. In league, over the long haul, if the left [side of the lane] starts off well, most likely it's going to be well all evening. If the left is not very well, and there's nothing else left to break it down, it's not going to get any better.

**Do you ever feel any anxiety knowing that you essentially need to score a 700 series merely to maintain your average?**

I really don't think about my averages in leagues. I'm mostly thinking about what I need to do for my team to

win whatever points and if I'm in brackets or pots and side stuff whatever I'm trying to do to score and try to make a couple of dollars. So scores are irrelevant.

**What aspect of your game are you most proud – the strongest?**

I think I'm a little mentally tougher and don't let a bad shot, a bad break, or whatever early on kill me for the rest of the tournament or league.

**What do you find yourself thinking about and/or working on the most in your game?**

Depending on what I'm bowling ... in a lot of league settings, my mind just wanders – a lot of stuff going on, and I don't think I'm as focused as I probably could be. I don't want to just sit there by myself and just focus like I do in tournaments. In leagues, you try to have fun. I think my focus in leagues is not as great. The reason is most league conditions are soft, and that's probably why my average is higher.

**Speaking of environments, what lane condition do you find most challenging?**

For league, because I have a heavy ball speed, I tend to struggle on longer oil patterns.

**How do you keep up with all the equipment changes today?**

Fortunately, I'm signed with one of the greatest ball companies, Storm, since 2003. We have a great staff, and I'm lucky to have a local representative, Mike Sinek, so I can go by him for suggestions and stuff like that – about what ball is what. Also, I've had great people over the years drill my stuff who have really taken care of me, lately Gee Lopez and Norbert Taylor.

**What three local players do you most admire?**

I'd say Keni Lowe [Jr.] is one. I've known Keni since youth leagues, so over 25 years. If I was on a team and I wanted someone to throw three [strikes] in the 10<sup>th</sup> frame, it would probably be him. If I couldn't throw it in the 10<sup>th</sup> frame, I'd want him to throw it for me. He's probably one of the best clutch bowlers I know. Off the top of my head, I'd say Keni, [Hall of Famer] Greg Turner just because I love how he carries himself. He and I have been friends a long time and bowled dou-





# NCAUSBCA 2012-2013 Official Men's Ranking

	League Pins/Gms	Tournament Pins/Gms	Total Pins/Gms	COMPOSITE AVERAGE
1. <b>Chris M. Johnson</b>	51,312/220	2,085/9	53,397/229	<b>233.1747</b>
2. <b>Allen Windsor</b>	67,268/291	1,960/9	69,228/300	<b>230.7600</b>
3. <b>Marcus D. Nelson</b>	87,796/381	2,161/9	89,957/390	<b>230.6590</b>
4. <b>Ernest W. Spriggs</b>	98,861/432	2,024/9	100,885/441	<b>228.7642</b>
5. <b>John R. Fillis</b>	79,426/348	4,881/21	84,307/369	<b>228.4743</b>
6. <b>Gregory L. Turner</b>	141,093/618	2,130/9	143,223/627	<b>228.4258</b>
7. <b>Terry A. Wiley</b>	51,682/227	2,111/9	53,793/236	<b>227.9364</b>
8. <b>Roger L. Campbell Jr.</b>	50,742/224	2,034/9	52,776/233	<b>226.5064</b>
9. <b>Andrew R. Blackmore</b>	57,224/252	1,857/9	59,081/261	<b>226.3640</b>
10. <b>Craig S. Mason</b>	42,959/190	1,993/9	44,952/199	<b>225.8894</b>

bles forever. He's a good bowler and everything, but more importantly, just his stuff outside of the lanes and how he does it, I like that. Brian Cavey, who bowls at [The Lanes] Fort Meade is always in the hunt and always gives himself a chance to win.

## How do you wish to be viewed by your fellow players?

I would hope maybe if I've come across to a few of them the wrong way, particularly when I was younger, I probably came up a little bit arrogant, a little cocky, although my friends around me really know me know that I'm not like that—how I act on the lanes is a lot different than how I act off the lanes. But I think because of some of the ways I act, whatever, it probably does come off as cocky. I'm not as bad as I used to be. As I've gotten older and had kids, my kids at tournaments are usually in the bowling center with me, and 70 to 80 percent of the time I just tone it down for them because I don't want to act on some of the dumb stuff I do. I want to set a good example.

## In reviewing your career thus far, what's been your No. 1 bowling accomplishment?

Fortunately, I've been able to do a lot of good things—winning a PBA regional in Raleigh, N.C., in 1995, the first year I joined, that was pretty awesome. It financially probably wasn't the biggest one, but I wanted to win a PBA tournament from the time I started bowling.

## What do you like to do when you're not bowling?

Hang out with my kids—watch them bowl, watch them play basketball, watch them play football, play video

games with them, go over their homework. I'm for the most part a homebody.

## How has your family affected your bowling career?

It originally slowed it down some, but at that point, it gave me more of a balance because bowling was just bowling, and there are more important things.

## What bowling goals remain for you?

I just want to stay competitive. If I can still win one or two tournaments a year or at least give myself a chance to win.... When I turn 50, if health and everything is good, I probably would like to compete in at least a few PBA Senior tournaments but still be able to compete with the young guys.

## Ranking Guidelines

### ADULTS

- Bowl in at least two NCAUSBCA-certified leagues (NCAUSBCA-certified travel leagues included) in two different bowling centers. (Sport league averages will not be considered for the rankings.)
- Bowl a minimum of 66 games in each qualifying league.
- Bowl in each event (team, doubles, and singles) for the current season in an NCAUSBCA Championship Tournament (Women's and/or Open tournaments). Women must bowl in the Women's Championship Tournament.

# MARINA AKERS-EPPS

**NCAUSBCA No. 1-ranked women's bowler for the 2012-2013 season**

*Marina Akers-Epps finished last season as the association's top-ranked woman bowler for the first time in her career. The 20-year veteran of the Bureau of Labor Statistics at the Department of Labor recently answered questions presented by editor Bob Cosgrove.*

**Do you ever feel any anxiety knowing that you need to score above a 650 series just to maintain your average?**

I have anxiety every time I bowl! Most of the times when other teams see me, depending on who they are, they're like, *Oh, okay, I'm bowling Coach Mo*, so they're out to try to bowl me and beat me. So if I don't have 650, I have to like, bowl my average all the time because anytime somebody beats me, it's like they beat the "professional bowler" or they beat Walter Ray Williams Jr., or what have you. So I *always* have pressure anytime I bowl.



**What part of your game are you most proud of -- the strongest?**

My spare game. I've really worked on my spare game, actually, because I leave a lot of 10-pins—and I leave a lot of 7-pins lately. It's just to keep the frustration down. I'll be frustrated, but at least I if I make the spare, it won't hurt as much.

**What part of your game do you work on or feel you need to work on the most?**

I actually drift to the right, so I've been working the last two years on not drifting or walking straighter. I'm even able to stop in my approach when I know that I'm drifting.

**What lane condition do you find most challenging?**

Anytime there's oil on the outside [boards] – a reverse block – anytime there's really a lot of oil outside [the] 10 [board].

**Which three local women bowlers do you admire the most?**

The first one has to be [Hall of Famer] A. Jane Hassell, Yvette Ford, and I'd have to say [Hall of Famer] Lynn Elmore.

**How do you wish to be viewed by your fellow players?**

A competitor at heart but willing to help out my teammates.

**How do you keep up with all the equipment changes today?**

I talk to Royal [Howard] at Jay's Pro Shop. I talk to him a lot about my balls. For the last couple of years, he's been my only ball driller. Most of the time, I'll just tell him, "I need help with ... XYZ," and he'll just punch me up a ball, and it will more likely work.

**What's been your No. 1 bowling accomplishment?**

My bowling an 800 [series] – 808 [rolled April 11, 2012 at AMF Marlow Heights in the Fun Inc. League on games of 277-242-289].



# NCAUSBCA 2012-2013 Official Women's Ranking

	League Pins/Gms	Tournament Pins/Gms	Total Pins/Gms	COMPOSITE AVERAGE
1. <a href="#">Marina L. Akers-Epps</a>	69,036/315	1,666/9	70,702/324	218.2160
2. <a href="#">Shirlynn R. Palmer</a>	71,886/332	1,633/9	73,519/341	215.5982
3. <a href="#">Kisha C. Hightower</a>	62,372/288	1,489/9	63,861/297	215.0202
4. <a href="#">Quintina R. Jefferson</a>	43,534/204	1,775/9	45,309/213	212.7183
5. <a href="#">Catrina T. Snowden</a>	42,926/203	1,716/9	44,642/212	210.5755
6. <a href="#">Michelle K. Mullally</a>	96,742/462	1,763/9	98,505/471	209.1401
7. <a href="#">Cynthia R. Johnson</a>	53,897/260	1,517/9	55,414/269	206.0000
8. <a href="#">A. Jane Hassell</a>	41,501/201	3,519/18	45,020/219	205.5708
9. <a href="#">Brittany M. Dean</a>	45,115/219	1,735/9	46,850/228	205.4825
10. <a href="#">Terri A. Franklin</a>	46,305/224	2,081/12	48,386/236	205.0254

## How did you get involved with youth bowling?

I've been bowling since I was four, and my parents were league coaches, and so I bowled everything. My father was in the Air Force, so it was all over—I first started in California, then it was overseas, then Arizona, then South Carolina, and then here.

## Why did you recently join the NCAUSBCA board as a youth director? What would you like to accomplish?

I felt as though [AMF] Marlow Heights wasn't getting a lot of the information that was needed for the youth bowlers. A lot of youth bowlers had left the Silver Hill Strikers [League], so I wanted to get a foot in the door to see how I can make a difference to keep the kids bowling, for one, and then get enough information for kids to go to college.

## What do you like to do when you're not bowling?

I sew and I hang out with my grandbaby—she's 14 months.

## How has your family affected your bowling career?

My father taught me how to bowl since I was four, and I've bowled ever since. They travelled everywhere. In South Carolina, they had a youth scratch tournament every quarter, at least four times a year, and they would drive me all over South Carolina so I can play there. Every person in my family bowls, and then I have my daughter now. Well, I actually have two daughters who went to school for bowling on scholarships and then my youngest one, she bowls. So everybody just bowls, and they just keep me interrupted and back and forth and vice versa. It's been a major part of my entire life.

## What bowling goals remain?

I hope to get as many girls as possible into college on bowling scholarships.

On Veterans Day 2013 at Arlington National Cemetery, NCAUSBCA 1st Vice President Karen Jost stands with Vietnam Veterans and BVL flag-bearers John Sommer (left) and Johnny Petraglia, both of whom appear in a brief [wreath presentation video](#) with BVL Board Chair Darlene Baker and board member Wally Hall.





# Highlights from the NCAUSBCA 49th Annual Hall of Fame Induction & Dinner Celebration



The "Class of 2013": *Dean Ryan, Donny Carr, Dena Kearney, Gregory Turner, and Terry "T" Wiley*



The 2013 inductee presenters: (above, from left) Sean Ryan (for *Dean Ryan*), *Berlin Myers* (*Donny Carr*), and Eric Kearney (*Dena Kearney*); ... (right) *Barbara Lewis* (*Gregory Turner*), and *Sue Allen* (*Terry "T" Wiley*).

HALL OF FAMERS' NAMES  
APPEAR IN *ITALICS*

PHOTOS BY JOHN SIMMONS  
AND BOB COSGROVE







**Inductee Donny Carr receives his NCAUSBCA Hall of Fame plaque and ring from President Gene Mays (and later, a plaque from USBC presented by Vice President Karen Jost, a USBC director). At right, Carr appears with (from left) his wife Sharon and daughters Jolie and Jaime.**



**Dena Kearney addresses the audience during her induction. At right, she is seated alongside daughter-in-law Kim Kearney and granddaughter Ava. ... (Standing, from left) York Rankin, Mohamed Ali, Amal Saeed, sister-in-law Ayanna Jenkins, Ronald Jenkins, and son Eric Kearney.**

**The Hall of Fame Induction & Dinner Celebration took place at Club Meade in Fort Meade, Md.**







**Inductee Dean Ryan receives help putting on his white Hall of Fame jacket from President Gene O. Mays. At right, Ryan appears with family and friends, including (from left, seated), son-in-law James Golden, daughter Denise Ryan Golden, wife Stephanie, and (to Ryan's left) Dwane and Lori Knott. ... (Standing, from left) Virginia Johnson and (behind her) husband Ken, Ryan's son Sean and his son Logan and wife Tammy, and son Mikey.**



**Greg Turner expresses his appreciation for those who along the way helped him in his bowling career during his induction speech. At right, Turner is seated along with (from left) Evangeline Miller, Eric Miller, and Lahoma Jones (his sisters and brother in law), and wife Gale. Standing are Kathy and Bob Harrington, for whom Turner worked while at Pepco.**



**Hall of Fame Committee Co-Chair Tom Dale (left photo) served as master of ceremonies. ... Fellow Co-Chair Judith Butler (center) appears with Hazel Wallace (left) and Phyllis Cook at the check-in table.**







**Terry Wiley acknowledges the applause from the audience as he prepares to make his induction speech. At right, he places his 8x10 portrait on the Hall of Fame Board and is joined by (from left) sister Crystal, daughter Tarah, parents Edith and Walt, and wife Bonnie.**

***ADDITIONAL PHOTOS FROM THE NCAUSBCA 49TH ANNUAL HALL OF FAME INDUCTION & DINNER CELEBRATION ARE AVAILABLE [HERE](#)***



**Many of the Hall of Famers present joined the four inductees at the event's conclusion: (Seated, from left), Susie Ryan, Lynn Elmore, Tena Boone, Dena Kearney, Dee Poindexter, Sue Allen, and Berlin Myers. ... (Standing) Rick Parker, Bob Cosgrove, Donny Carr, Hollis McMullen, Andy Anderson, Al Zeh, Ron Holt, Greg Turner, Glen Callaway, Jim Lewis, James Stewart, Tom Allen, Harrold Capps, Terry Wiley, Kirk Williams, Tom Dale, and Dean Ryan.**





## ASK BOB • BOB KORTH

### *Bowling better in tournaments; baking balls; how to practice*

**Q.** *I seem to bowl great in league, but whenever I try a tournament, things never seem to go well. I have tried to stay positive and not lose my confidence, but nothing seems to work. Help!*

**A.** I can tell by what you wrote that you have lost confidence before you get to the lanes. I have a friend who calls this “STINKIN’ THINKIN.” You start with, when I go to a tournament, nothing seems to go well. Bad start—you already expect that nothing will go well. You try to stay confident, meaning you are already not confident. You are putting your efforts into your scoring over making quality shots.

Next tournament, forget about how you might finish and just make the best shots you can each

time. If you don’t strike, make the spare. Take each frame as though it is a full game. This way, you can quit thinking ahead. *You can’t bowl the tenth frame before bowling the first frame.* All the frames of a game are the most important. It is easier to get one strike than it is to get 10 strikes in a row.

Thinking too far ahead is too much pressure for anyone. If you take away that pressure, your game and confidence will improve.

**Q.** *I am just your average league bowler, and my bowling balls are over a year old and have quit hooking. My better-average friends have told me that heating the ball can get the oil build up out, and the ball will hook again. I want to put*

*it in the oven, what temperature is best to get this done?*

**A.** Please! Do not, I repeat, *do not try to bake your ball in the oven.* I was once in a pro shop when a league bowler came in and asked if I could fix his ball. He had tried to bake it in the oven to get out the oil. The ball was all rippled and looked like an over-ripe orange.

I informed him that the repair for this is a *new ball*. So he had to fork over \$200 instead of the \$25 to \$35 to have his ball rejuvenated and resurfaced in our shop.

There is a ball rejuvenator that uses heat in most shops, and they do work. The heat is very low, and the ball spins around to keep the heat even. Most shops then will resurface the ball and bring it back to almost-new condition.

Moral of this story: Save yourself some money by letting your pro shop experts take care of your ball.

**Q.** *Do you have any suggestions on the best way to practice?*

**A.** The biggest thing you can do to increase your scores is to increase accuracy and make more spares. With that in mind when you practice, the first thing is don’t keep score. Work on your spare shooting; this will help you to get more spares and also helps with accuracy for the first ball.

My favorite tip for practice came from a coach and friend of mine in Las Vegas: *Save money on your practice by shooting at your spares first.* Go for the 10-pin or the 7-pin. Then go for your strike mark or the pocket next. This way you get two shots every frame. In practice, getting a strike means you get one less shot. Save those shots and save money.



## Check Your Knowledge

1. If your Sport League Average is 150, what is your Adjusted Average—151, 174, or 190?
2. Who is the current first vice president of NCAUSBCA?
3. Which Bowl America center has more lanes—Fairfax or Burke?
4. What does “BVL” stand for?
5. How many individuals were inducted into the NCAUSBCA Hall of Fame this year?
6. What two centers will host the 2014 NCAUSBCA Open Championship Tournament?
7. True or False: Absentee or vacancy scores may be used only when a legal lineup is present.
8. True or False: Only team captains have the right to see league records.
9. True or False: All league officers must be members of USBC.
10. What is the Sport Bowling membership fee for a youth bowler?

ANSWERS: 1, 174; 2, Karen Jost; 3, Fairfax; 4, The Bowlers to Veterans Link; 5, 5; 6, The Lanes Fort Meade and Bowl America Shirley; 7, True; 8, False; 9, True; 10, \$10.

**eMail Bob Korth**



# Senior Tournament champions declared

## TEAM

"Yes We Can" (Melody R. Coston-Claytor, D.C.; Clarice F. Vincent, D.C.; Isaac J. Humphries, Lanham, Md.; Wayne P. Jones, Capitol Heights, Md.) [2,815], \$700.

## WOMEN'S DOUBLES

Carolyn O. Ivory, Ft. Washington, Md. & Brenda J. Wright, Camp Springs, Md. (1,458), \$330.

## MEN'S DOUBLES

Leroy Johnson, Glenn Dale, Md. & Paul A. Hefley, Forestville, Md. (1,446), \$400.

## MIXED DOUBLES

Imogene Kearney, Berwyn Heights, Md. & Richard L. Parker, Hyattsville, Md. (1,558), \$400.

## WOMEN'S SINGLES – 70 & OVER

Clarice F. Vincent, D.C. (744), \$200.

## WOMEN'S SINGLES – 65-69

Melody R. Coston-Claytor, D.C., (753), \$175.

## WOMEN'S SINGLES – 60-64

Dena B. Spain, Largo, Md. (711), \$165.

## WOMEN'S SINGLES – 55-59

Sheryl A. Rhymes, Woodbridge, Va. (689), \$140.

## WOMEN'S SINGLES – 50-54

Carleen M. Robinson, District Heights, Md. (720), \$110.

## MEN'S SINGLES – 70 & OVER

Ron K. Asbury, Rockville, Md. (761) \$200.

## MEN'S SINGLES – 65-69

Charles C. Willis, Temple Hills, Md. (781), \$200.

## MEN'S SINGLES – 60-64

William W. Mumford Jr., New Carrollton, Md. (751), \$170.

## MEN'S SINGLES – 55-59

Luis A. Drakes, Laurel, Md. (743), \$144.

## MEN'S SINGLES – 50-54

Andre L. Butler, Beltsville, Md. (737), \$140.

## WOMEN'S ALL EVENTS – 70 & OVER

Jean B. Bell, Laurel, Md. (2,093), \$50.

## WOMEN'S ALL EVENTS – 65-69

Melody R. Coston-Claytor, D.C. (2,093), \$48.

## WOMEN'S ALL EVENTS – 60-64

Sylvia L. Hunter, Capitol Heights, Md. (2,109), \$48.

## WOMEN'S ALL EVENTS – 55-59

Pawanna S. Johnson, Bowie, Md. (2,007), \$36.

## WOMEN'S ALL EVENTS – 50-54

Renée A. Graham, Seat Pleasant, Md. (2,199), \$44.

## MEN'S ALL EVENTS – 70 & OVER

Donald L. Butler, D.C. (2,156), \$46.

## MEN'S ALL EVENTS – 65-69

Richard L. Parker, Hyattsville, Md. (2,305), \$48.

## MEN'S ALL EVENTS – 60-64

William W. Mumford Jr., New Carrollton, Md. (2,114), \$41.

## MEN'S ALL EVENTS – 55-59

Cumberland A. Parks, Upper Marlboro, Md. (2,039), \$35.

## MEN'S ALL EVENTS – 50-54

Daniel R. Zimmerman, Front Royal, Va. (2,155), \$35.

## WOMEN'S SCRATCH ALL EVENTS – 70 & OVER

Jean B. Bell, Laurel, Md. (1,562), \$45.

## WOMEN'S SCRATCH ALL EVENTS – 65-69

A. Jane Hassell, Springfield, Va. (1,715), \$36.

## WOMEN'S SCRATCH ALL EVENTS – 60-64

Kathleen B. Goode, Lorton, Va. (1,828), \$63.

## WOMEN'S SCRATCH ALL EVENTS – 55-59

Anita M. Hawkins, Triangle, Va. (1,754), \$45.

## WOMEN'S SCRATCH ALL EVENTS – 50-54

Felicia T. Thorpe, Laurel, Md. (1,878), \$45.

## MEN'S SCRATCH ALL EVENTS – 70 & OVER

Elzie Foster, Bowie, Md. (1,883), \$100.

## MEN'S SCRATCH ALL EVENTS – 65-69

Harry J. Adams, Silver Spring, Md. (2,003), \$90.

## MEN'S SCRATCH ALL EVENTS – 60-64

Stephen J. Fletcher, Lothian, Md. (2,020), \$99.

## MEN'S SCRATCH ALL EVENTS – 55-59

Cumberland A. Parks, Upper Marlboro, Md. (1,976), \$100.

## MEN'S SCRATCH ALL EVENTS – 50-54

Edwin A. Davis, Brandywine, Md. (2,064), \$99.

The NCAUSBCA 32nd Senior Tournament took place at Parkland Bowl on October 19-20 and 26-27, 2013.

[Complete prize list](#)





**PAST PERFORMERS HONORED:** At the NCAUSBCA Senior Tournament at Parkland Bowl, Association Manager Ronald McGregor presents a bowling pin plaque to Frederick Alexander (left photo), who rolled the tournament's second-ever perfect game in 1997, and to [Jerome Williams](#) for his record 830 series tossed in 2010.

## 32nd ANNUAL SENIOR TOURNAMENT



**NEVER TOO OLD:** Hall of Famer and former Senior Tournament Manager Hazel Beatty presents a bowling pin plaque to each of this year's oldest participants—[Harold Redmond](#) (left photo, age 102), Louise Lewis (right photo, age 95), Gladys Raper (below left photo, age 93), and Eunice Jones (below right photo, age 92).





# SENIOR TOURNAMENT PARTICIPANTS



**DAVID  
CHULICK**  
WASHINGTON, D.C.



**WES  
FOXWORTH JR**  
FAIRFAX, VA



**PATSY  
KYLES**  
WASHINGTON, D.C.



**ANITA  
PORTER**  
WASHINGTON, D.C.



**BRENDA  
PRESTON**  
BOWIE, MD

<i>First job I ever had</i>	<i>Task I hate to do</i>	<i>Pet peeve</i>	<i>Worst habit</i>	<i>Top interest outside of bowling</i>	<i>Best thing about bowling</i>
Paperboy in the Cleveland area where I grew up	Clean the bathroom	Drivers who don't use their turn signals	Putting things off until the last minute — including the entry form to this event!	My daughter's singing career	You get to meet people and commiserate with them over missed 10-pins!
Worked at a Baskin- Robbins ice cream store in Springfield, Va.	Wash clothes	Drivers who ride the brakes	Biting my fingernails	Watching football and other sports	The thrill you get when people cheer for you — just like Bowl America says!
Worked on a tobacco farm in Havana, Fla.	I'll do anything	People on the phone driving slow	Talking too loud	Baking	When I get a 200 game
School bus driver	Wash the car	People scratching their nose	Giving	Fishing — I just caught 32 perch and two rockfish!	It's fun!
Clerk at the D.C. Board of Education	Iron	Finger in my face	Biting my nails	Painting, especially on wood	Strikes — that I don't get!

# Our Back Pages

## 5 Years Ago

- After winning his first PBA regional title, [Chris Blackmore](#) responds to “20 Questions.”
- “Bowling 101” columnist [Harlin Matkins](#) discusses the importance of executing the “one-step delivery.”

## 10 Years Ago

- [Jim Einhorn Jr.](#) provides “The Best Bowling Tip I’ve Ever Received.”
- Guest columnist [Carla Sessions](#) reviews *Bowling Fundamentals: A better way to learn the basics* by Michelle Mullen.

## 15 Years Ago

- A 786 series by Manuel C. Dialino at the Bethesda Naval Medical Center Lanes tops the association’s Gold Pin Awards.
- The team of Raymond Armstrong (289 game), Kevin Wilkens (239), Samaris Moton (215), [Darnell Bell](#) (268), and Maurice Moton Sr. (290) tosses a 1,301 game in the Potomac (Lanes) Masters League.

## 20 Years Ago

- [Rich Dodge](#) wins the Nation’s Capital Masters Scratch Tournament at Fair Lanes Centreville.
- [Lisa Rand](#) averages 210.6 for 16 games to win the 20<sup>th</sup> anniversary Virginia Bowling Queens Tournament at Fair Lanes Seminary.

## 25 Years Ago

- NCABA Hall of Famer [Pete Santora](#) retires after 40 years with Fair Lanes.
- [Cozet Grice](#) (A Division / 624 series) and Barbara Johnson (B Division / 559) win titles at the WDCA 600 Club Tournament.

## 30 Years Ago

- Andre Haggins converts the 7-10 split in the Monday Fives Mixed League at Parkland, but no one on his team saw the accomplishment, so he has to depend on his opponents to convince his teammates that he actually did it!
- Ann Z. Scoles tops the WDCAWBA ranking with a 187.4107 composite average for 426 games.

## 35 Years Ago

- [Larry O’Neill](#) leads the Falls Church Commercial League with a 201 average.
- [Ritchie Wolfe](#) leads the Saturday Champs (ages 9-11) League at Bowl America Falls Church in high average (132), game (175), and series (464).

## 40 Years Ago

- [Jim Robinette](#) tops the NCABA ranking for the sixth time in seven years with a 196.984 composite average.
- Glenn Feagans, a 16-year-old junior, sets a house record 661 series at McLean Bowling Center in the Langley High School League.

## 45 Years Ago

- Elmer Breeden (1,077 for five games) wins the Tournament of the Month at Ten Pin Coliseum.
- Associate Editor Hal Davis reports about [Brunswick’s new Automatic Scorer](#) scorekeeping machine that costs approximately \$3,000 per lane.



# 51<sup>st</sup> Annual Youth Championship Tournament

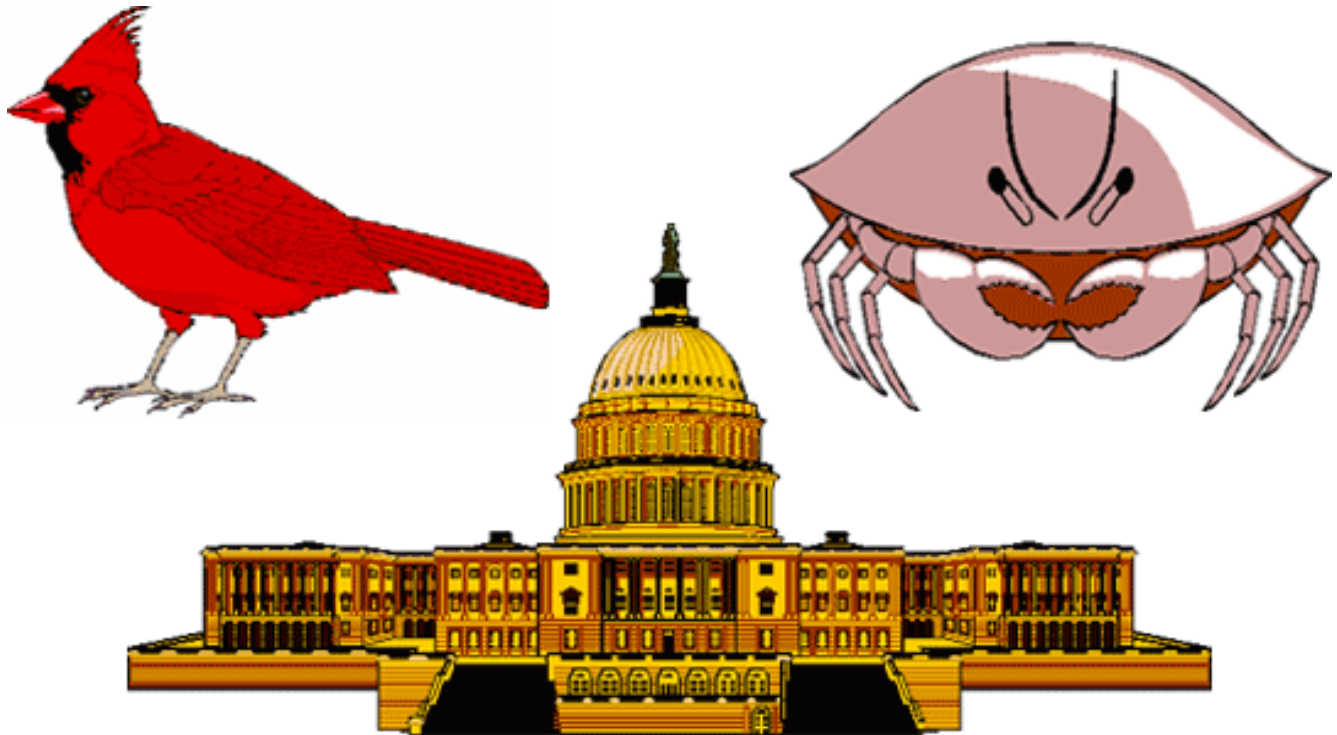


CERTIFIED BY:  
USBC YOUTH DIVISION

TOURNAMENT CERTIFICATION NUMBER  
82128



**Nation's Capital Area USBC Association**  
**FEBRUARY 22<sup>nd</sup> / 23<sup>rd</sup> - MARCH 1<sup>st</sup> / 2<sup>nd</sup> 2014**



**TEAM EVENT - DOUBLES EVENT - SINGLES EVENT - BUMPER SINGLES EVENT**  
**HANDICAP ALL EVENTS – SCRATCH ALL EVENTS**

*To be held at:*  
AMF Annandale  
4245 Markham Street  
Annandale, VA 22003  
Phone: (703) 256 - 2211

*Mail entries to:*  
Diane Frelke  
NCAUSBCA Tournament  
9921 Arrowood Dr.  
Manassas, VA 20111

**ENTRIES MUST BE POSTMARKED BY: FEBRUARY 1, 2014**

# ASSOCIATION HONOR SCORES

## 800 Series

- 845** Dingus, Tim L - WB019  
Rodbhajan, Mana S - CYS02  
**835** Arnett, David C - WBS15  
**827** Herman, Michael P - WB009  
**815** Hall, Bobby V II - MH013  
**814** Limtrakul, Pera I - GB023  
**811** Bolton, James J - WBS10  
Morris, Daniel C - CA014  
**810** Manolis, Michael J - FC003  
**809** To, Chhoeun - SL002  
**806** Marsico, Michael S - LC009  
To, Chhoeun - FC003  
**805** Lindsay, Christian S - PK005  
Windsor, Richard T Jr - LC014  
**804** Hall, Bobby V II - MH013  
Palmer, Blake A - LC014  
**803** Marsico, Michael S - LC014  
Smith, Howard K - WBS06  
**802** Dyson, Daniel F - CY004  
Jeffries, Joshua A - MA005  
**801** Durbala, Ronald J - GBS06

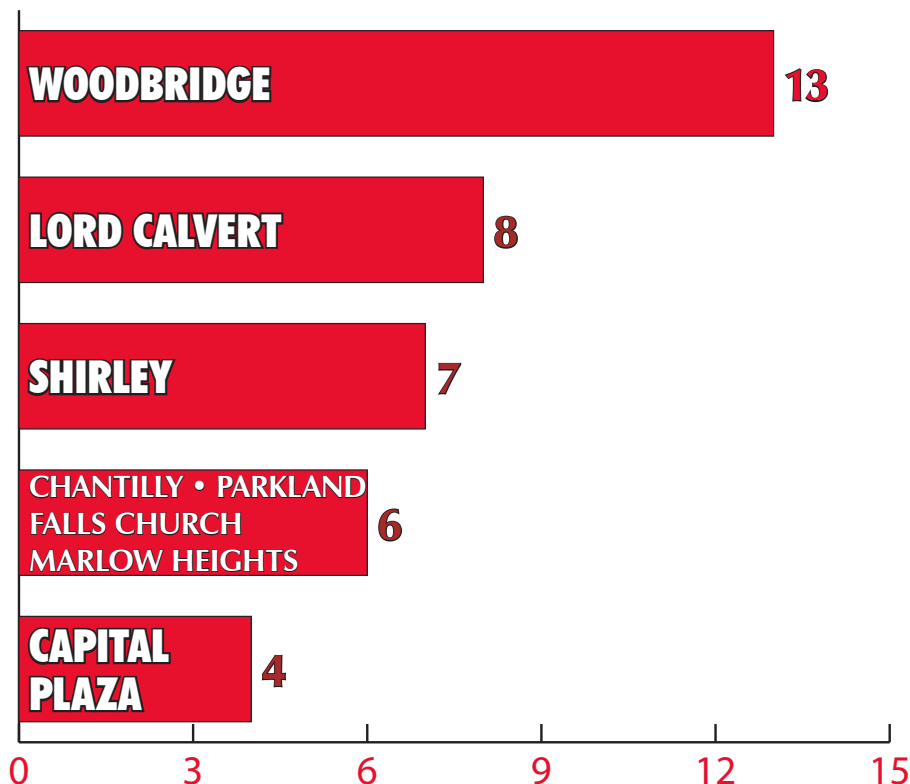
## 300 Game

- Bell, William C - WAS09  
Bernstein, Raymond S III - CY004  
Blatt, Brian A - WB002  
Blazejewski, Andrew J - FC008  
Bolton, James J - WBS10  
Brewer, Brian P - WBS06  
Catalan, Joseph K - CAS02  
Cole, Kevin W - DR007  
Dingus, Tim L - WB019  
Drake, Robert C - CY003  
Ellis, Victor A - CY004  
Goodson, Andre A - MH027  
Hall, Bobby V II - MH013  
Hassell, A Jane - SL011  
Hile, Andrew M - DR007 / DR002  
Holland, Lorenzo O - LC014  
Howze, Brian M - PK005  
Isaac, Alphonzo - SL011  
Knoth, Douglas B Jr - BA010  
Lee, Herman E Jr - PK005  
Lindsay, Christian S - PK005  
Lowe, Kenneth E Jr - CA010  
Manolis, Michael J - FC003  
Marland, Jay M - WBS06

- Martin, David W - WBS01  
Moerman, George D Jr - SL002  
Morris, Daniel C - CA014  
Moton, E Maurice Sr - MH002  
Murabito, Vince F - WBS06  
Palmer, Blake A - LC014  
Parks, John A - SL011  
Poole, Derek L - LC014  
Potter, David B - CRS03  
Rodbhajan, Mana S - CYS02  
Rowe, Ronald M - LC017  
Smith, Steven T - PK006  
Szamborski, Brian E - SL011  
Szymanski, Kenneth J - WBS06  
Thomas, Hugh - PK005  
To, Chhoeun - FC003  
Williams, Leslie - FC002  
Womack, Adam D - MH002

## HONOR SCORE CENTERS

(this issue, based on listed scores)



## Record 3,870 series scored at Crofton

The "Double Platinum" team of Dominick Snyder, Jack Tipton, Kenny Solomon, Steve Scott, and Don Messinese scored a 3,870 scratch series December 10 in the Polish Open League at Crofton Bowling Centre. The series is a NCAUSBCA five-bowler team record.

Leadoff man Snyder (229 average) led the way with an 842 series on games of 300-298-244. Tipton (210) followed with 753 (278-266-209), and Solomon (210) rolled 815 (299-259-257). Scott (218), a substitute for Rusty Crawford, tallied 761 (269-256-236), and anchorman Messinese (232) contributed 699 (225-247-227).

The team, which recorded games of 1,371, 1,326, and 1,173, won 32 of 34 possible points that night and lengthened its lead atop the league standings.

## USBC Records & Stats



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## American Income Life pays \$6,000 to members' families

NCAUSBCA, in cooperation with **American Income Life Insurance Company** (AIL), again this season provides additional benefits to all adult members. In recent months, AIL has paid \$6,000 to members in need.

These benefits include:

- \$3,000 Accidental Death and Dismemberment benefit at *no cost*.
- Health Services Discount Card that provides discounts at 10 to 60 percent on vision care, chiropractic care, prescriptions (including pets) and hearing aids, at *no cost* for your entire household.
- Child Safe Kits—This valuable tool can provide pertinent information to the authorities if your child or grandchild should ever go missing.
- Hang Ten Safe Internet Surfing Guide — Protect your children from sexual predators. This Safe Internet Surfing Guide is designed to educate parents of children who text not only on the Internet, but phones, too. You need to understand what your child is doing on the Internet, and this guide will help.
- Free Needs Analysis — Do you have the protection you need for your family? Find out with a free needs analysis.

Send in your reply card to receive your no cost benefits, designate your beneficiary for the \$3,000 Accidental Death and Dismemberment benefit and receive your free needs analysis.

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## NCAUSBCA YOUTH VERN BURKE SCHOLARSHIP TOURNAMENT OFFICIAL RESULTS

[www.ncausbca.org](http://www.ncausbca.org)

## 2012-2013 Triple Crown Award winners

Below are additional bowlers who had the high game, high series, and high average in their league last season and thus qualified for NCA-USBCA's Triple Crown Award:

BOWLER	GAME	SERIES	AVG	LEAGUE / CENTER
Carl Armstrong.....	279	749	211	Head to Head Singles / FC
Tracy Bennett.....	278	624	176	Wednesday Early Mixed / FC
Scott French.....	300	756	221	Wednesday Early Mixed / FC
Lisa Fucci.....	257	653	177	Head to Head Singles / FC
William Malloy III.....	268	711	215	Summer Hopefuls / LC
Joyce Nepini.....	248	570	162	Tues. Morning Women / ES
Carlos Ramos.....	300	764	209	Challenge Shot Doubles / SL
Susan Ryan.....	300	750	199	Challenge Shot Doubles / SL

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## Tournament Roundup

**PBA50 Bryan's Bowling Center East Open, Laurel, Del.** (George Tignor, Winchendon, Mass., \$1,700) – 5, Thad Rand, Rapidan, Va., \$600; 6, David Kneas, Annapolis, \$600; Richard Holmes, Culpepper, Va., \$550.

**PBA Village Lanes Gloucester Va., Open** (Kyle Troup, Taylorsville, N.C., \$2,200) – 37, Paul Rumbaugh (guest, senior), Stafford, Va., \$250.

**PBA Franklin (Va.) South Open** (Kip Roberts, Glen Allen, Va., \$2,100) – 5, Michael Stocks, Leesburg, Va., \$700.

**NCAUSBCA Youth 600 Club Fall Doubles at AMF Annandale** – 1, Michael Simpson (667 series) & A J Simpson (633), Dale City, Va., 1,300, \$150 (scholarship); 2, Xavier Woods (693) & Devin Waller (588), Waldorf, Md., 1,281, \$100; 3, **Conner Kolessides**, Great Falls, Va. (678) & Garrett Meadows, Springfield, Va. (587), 1,265, \$80; 4, Cayla Davidson, Manassas, Va. (648) & Corey Huffman, Warrenton, Va. (613), 1,261, \$50. ... **Tournament of Champions qualifiers/180 and Over** – 1, Woods, 693; 2, Kolessides, 678; 3, Michael Simpson (prev. qualified), 667; 4, Samuel Anderson, Woodbridge, Va., 659; 5, Denard Bankston, Woodbridge, 653. ... **/Under 180** – 1, Jervon Webster, Dale City, 695; 2, A J Simpson, 633; 3, Nathan Oakley, Purcellville, Va., 629; 4, Diamonte Winters, Waldorf, 620. ... **High Games/180 and Above** – Game 1: Bankston, 259; Woods, 245. Game 2: Woods, 258. Game 3: Anderson, 253. ... **/Under 180** – Game 1: A J Simpson, 243; Game 2: Webster, 265; Terrence Barton Jr., Ft. Washington, Md., 255; Alec Howser, Herndon, Va., 254; A J Simpson, 247. Game 3: Oakley, 244.

**NCAUSBCA Youth 600 Club Fall Singles at Bowl America Falls Church** – **180 Average and Over** – 1, Michael Simpson (747), \$65 (scholarship); 2, Jarrett DeFalco, Leesburg, 699, \$35. ... **Under 180 Average** – 1, Ian Penny, Ft. Washington (643), \$65; 2, Anthony Daniels II, Ft. Belvoir, Va., 640, \$35. ... **Tournament of Champions qualifiers/180 and Above** – 1, Simpson, 747; 2, DeFalco, 699; 3, David Zweiban, Manassas, 692. ... **/Under 180** – 1, Penny, 643; 2, Daniels II, 640. ... **High Games/180 and Above** – Game 1: Zweiban, 266; Darren Johnson, Ashburn, Va., 258; Simpson, 254. Game 2: Simpson, 279; **Robert Alston**, Bowie, Md., 254. Game 3: Zack Einhorn, Springfield, 254. ... **/Under 180** – Game 1: Daniels II, 223. Game 2: Penny, 258. Game 3: Daniels II, 226; Andrew Thorne Jr., D.C., 221.



# THE LIST

## NCAUSBCA 2012-2013 adult leagues with the highest composite average:

NW V Scratch Trios .....	AMF Laurel .....	212.819
G-Burg Invit. ReMax .....	Bowl America Gaithersburg ..	205.420
Stan Soaper Men's Commercial...	Bowl America Shirley .....	202.434
Potomac Area Men's .....	Bowl America Shirley .....	202.217
Bottom Liners .....	AMF Capital Plaza .....	199.468
850 Scratch Classic.....	Bowl America Manassas .....	199.295
Automotive Men .....	Bowl America Woodbridge ..	199.029
Boys Night Out .....	Bowl America Dranesville ....	198.712
Falls Church Commercial. ....	Bowl America Falls Church...	197.933
Tuesday Nite Mens Hdcp .....	Lord Calvert Bowl.....	195.633
Sunday AM Commercial.....	Bowl America Manassas .....	195.471
Woodbridge Men's Commercial ...	Bowl America Woodbridge ..	194.943
Thur Singles Mixed II.....	Bowl America Fairfax.....	194.620
Lost & Found .....	Bowl America Shirley .....	194.545
Monday Night Mixed.....	Bowl America Manassas .....	193.053
The Polish Open.....	Crofton Bowling Centre .....	192.658
Pinbusters Mixed.....	Parkland Bowl .....	192.112
DCMMCL.....	AMF Dale City.....	192.022
Mon Nite Power Rollers.....	AMF Marlow Heights.....	190.749

## Calendar of Events

### DECEMBER

18 – Youth and youth/adult league updated standings sheet submission deadline for Invitational and City Tournaments.

24 - January 6 – Association office closed.

28 – [NCAUSBCA BVL Committee Meeting](#) at Bowl America Shirley.

29 – [NCAUSBCA 600 Club Winter Singles Tournament](#) at Bowl America Dranesville.

31 – Nomination deadline for NCAUSBCA Ted Gruskowski Jr. Youth Star Award.

### JANUARY

1 – Adult/Youth Tournament at Bowl America Bull Run.  
5 – NCAUSBCA 600 Club Winter Doubles Tournament at Bowl America Fairfax.

Family, Friends & Neighbors .....	AMF Capital Plaza .....	190.452
Woodbridge Hdcp Doubles .....	Bowl America Woodbridge ..	190.290
Fun, Inc. Mixed .....	AMF Marlow Heights.....	189.769
Merchants Mixed .....	Bowl America Woodbridge ..	188.300
Scratch Singles II .....	Bowl America Gaithersburg ..	188.011
First Neters Mixed .....	Bowl America Falls Church...	187.691
Thursday Nite Owls .....	Village Lanes .....	187.234
Saturday Night Ramblers .....	AMF Marlow Heights.....	186.829
Sunday Morning Mixed.....	AMF Marlow Heights.....	186.359
Wednesday Morning ABC.....	AMF Marlow Heights.....	185.989
Thursday Men & Women.....	Bowl America Dranesville ....	184.909
Sunday Morning High Rollers .....	AMF Capital Plaza .....	184.759
Scratch Singles .....	Bowl America Gaithersburg ..	184.437
Friday Night Memorial .....	Bowl America Woodbridge ..	183.545
Friday Night Mixed Duo .....	AMF Capital Plaza .....	183.387
Hi-Ho Mixed 5 .....	Parkland Bowl .....	183.352
Mid Week Mixed.....	Bowl America Bull Run .....	183.267
Tuesday Night Bowling.....	NAS Bowling Lanes .....	182.601
Wednesday Combos .....	Lord Calvert Bowl.....	182.358
Thursday Mixed Classic .....	Bowl America Chantilly .....	182.253
Tuesday Night Men's .....	The Lanes Fort Meade.....	181.967
Paul Goodwin Memorial .....	Bowl America Gaithersburg ..	181.935
Wednesday Fun Mixed.....	Bowl America Chantilly .....	181.775
Tri-Nitely .....	Crofton Bowling Centre.....	181.619
Monday Nite Trios .....	Bowl America Chantilly .....	181.405
Centreville Classics .....	Bowl America Chantilly .....	181.188
Crossroads Mixed .....	Bowl America Chantilly .....	181.019
Thursday Night Mixed .....	NAS Bowling Lanes .....	180.839
Friday Nite Fire .....	AMF Laurel .....	180.619
Monday Night Scratch .....	The Lanes Fort Meade.....	180.386
Saturday Night Mixers .....	Bowl America Shirley .....	180.224
Challenge Shot Doubles.....	Bowl America Shirley .....	180.205
Friday Night Special .....	AMF Marlow Heights.....	180.078

11 – Jr. Gold Tournament at Bowl America Southwest.  
18-19, 25-26, February 2 – NCAUSBCA 45th Annual Youth Invitational Scratch Singles Tournament. *Round 1:* AMF Annandale; *Round 2:* Bowl America Gaithersburg; *Round 3:* Bowl America Fairfax; *Round 4:* Bowl America Burke; *Final Round:* The Lanes Fort Meade.  
19 – Jr. Gold Tournament at Sparetimes, Hampton, Va.

### FEBRUARY

8 – Jr. Gold Tournament at Bowl America Bull Run.  
9 – [NCAUSBCA 7th Annual Youth/Adult Fellowship Sports Day](#) at AMF Capital Plaza.  
9 – NCAUSBCA 600 Club Spring Singles Tournament at AMF Marlow Heights.  
16 – Jr. Gold Tournament at Sparetimes, Hampton, Va.  
22-23, March 1-2 – [NCAUSBCA 51st Annual Youth Championship Tournament](#) at AMF Annandale.  
23 – NCAUSBCA Mixed Scratch Doubles Tournament at The Lanes Fort Meade.



**Place:**  
**AMF Capital Plaza**  
**4601 Cooper Lane**  
**Hyattsville, MD 20784**  
**Phone: 301/772-6565**

**Date: February 9, 2014**

**Registration: Noon**

**Bowling: 1:00 p.m.**

*To promote athletic participation for  
men, women, and boys & girls of all  
ages*

**Bowling Tournament**

**Free Lunch**

**Lots of Fun & Surprises!**

The tournament consists of two  
scratch Scotch Doubles games  
bowled by teams of one youth  
(ages 3 to 19) and one adult.

Adult cost is \$15.00 (youths bowl  
free!).

## **NCAUSBCA 7th Annual Youth/Adult Fellowship Sports Day**

**Reservations suggested;  
call Judith Butler  
(301/773-9041) or  
NCAUSBCA Office  
(301/499-1693)**

*(Walk-ins accepted only if lanes  
are available)*

Bowlers do not have to be certified.



**YOUTH/ADULT FELLOWSHIP SPORTS DAY SCHEDULE**



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4525 Stonecroft Boulevard  
Chantilly, VA 20151

Bowl America Dranesville..... (703) 430-1350  
46940 Woodson Drive  
Sterling, VA 20164

Bowl America Fairfax..... (703) 273-7700  
9699 Lee Highway  
Fairfax, VA 22031

Bowl America Falls Church..... (703) 534-1370  
140 S. Maple Avenue  
Falls Church, VA 22046

Bowl America Manassas..... (703) 368-2161  
9000 Mathis Avenue  
Manassas, VA 20110

Bowl America Shirley..... (703) 354-3300  
6450 Edsall Road  
Alexandria, VA 22312

Bowl America Woodbridge..... (703) 494-9191  
13409 Occoquan Road  
Woodbridge, VA 22191

### **MARYLAND, SUBURBAN**

Bowl America Gaithersburg..... (301) 330-5200  
1101 Clopper Road  
Gaithersburg, MD 20878

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