

The Best Bowling Tip I Ever Received

By Howard Ball Jr.



I always had a problem when the lanes got extremely dry. It always caused me to move my feet left, even make a ball change, and normally my scores would start to decline.

Well, earlier this year during my Tuesday night league at Riverdale Bowl, I was bowling with Arlen “Yogi” Holmes, who noticed that I was scoring and had a great path to the pocket from practice, but as the night progressed, my shot started to dry up and disappear. He then asked, “Why continue to move left when you can simply rotate your hand from underneath the ball to the side of ball and cut your revolutions in half?” Yogi added that I wouldn’t lose the pocket, and I rarely would have to move my feet.

I kept his tip in my head as I continued to bowl, and I just started shooting numbers everywhere. It was easy to find the pocket, but now it was even easier to *maintain* the pocket.

This tip also allows me to finish great sets. For example, when I scored 300-279-269/848 in the Black Ski Mixed league in March at AMF Capital Plaza, the lanes clearly dried up during the third game, but I didn’t have to move; I simply rotated my hand and was able to finish off the set.

I went on to shoot two more 300s within the next two weeks.

Howard Ball Jr., an IBPSIA-certified drilling technician at World Class Pro Shops Inc., is an amateur staff member for Track and Vise. At the recent NCAUSBCA Open Championship Tournament, he scored 761 and captured the Scratch Doubles title with Michael Farrish (708).